



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

The Most Holy Body and Blood of Christ

10 - 11 June 2023



ENTRANCE ANTIPHON

Ps 80:17

He fed them with the finest wheat and satisfied them with honey from the rock.

FIRST READING

Dt 8:2-3, 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. 'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM Ps 147:12-15, 19-20. R.v.12

R. Praise the Lord Jerusalem.

1. O praise the Lord, Jerusalem!

Zion, praise your God!

He has strengthened the bars of your gates, he has blessed the children within you. **R.**

2. He has established peace on your borders, he feeds you with finest wheat.

He sends out his word to the earth and swiftly runs his command. **R.**

3. He makes his word known to Jacob, to Israel his laws and decrees.

He has not dealt thus with other nations; he has not taught them his decrees. **R.**

SECOND READING

1 COR 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

GOSPEL ACCLAMATION

JN 6:51-52

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL

JN 6:51-58

Jesus said to the Jews: 'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said.

Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

COMMUNION ANTIPHON

JN 6:57

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.



PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au

www.facebook.com/Sacred-Heart-Westmead

Parish Priest

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Parish Administrator

Virginia Knight,

Tuesday - Thursday: 10am - 4pm

Email: office@

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Sacramental Coordinator

Anne Monahan,

Friday: 10am - 4pm

Email: sacraments@

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Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

MASS TIMES

Parish Church:

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest

(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

11 / 12 June 13 June	The Most Holy Body & Blood of Christ (Corpus Christi) St Anthony of Padua	Solemnity Memorial
16 June 16 June	The Most Sacred Heart of Jesus Sacred Heart Parish Feast	Solemnity Mass 6pm; BBQ 7pm
17 June	The Immaculate Heart of Blessed Virgin Mary	Memorial
17 / 18 June	11th Sunday in Ordinary Time	
18 & 25 June	First Eucharist Masses	11am

ANNOUNCEMENTS

Envelopes for the 2023 / 2024 financial year are now available for collection from the rear of the church for the next few weeks for those parishioners who have registered for the Planned Giving Program (PGP). From July 4 remaining envelopes to be collected at parish office.



If you wish to discontinue your subscription to the parish from the PGP and do not require a set of envelopes for the coming 2023/2024 financial year please contact the parish office.

Sacred Heart Parish Feast

Come together as the community of Sacred Heart to celebrate our Feast Day.

Friday 16 June, 2023

6pm - Mass

7pm - Parish BBQ & Activities

Would you like to help out with some of the following roles at our upcoming Parish Feast?

- † Mass Ministry † Catering
- † Cooking the BBQ † Serving food
- † Photographer † Clean up team

If you are able to help out on the night;

or to **RSVP for catering** -

Complete the sign-up sheets in the Church

or email: office@sacredheartwestmead.com.au



Raffle to be drawn at 7.50pm at the Parish Feast BBQ

Monies raised will support the ministries of Sacred Heart Westmead

\$5 per ticket or \$20 for 6 tickets

Tickets available at weekend Masses or the Parish Feast Day on 16 June

Prizes

1st Prize: Dinner voucher at the Meat & Wine Co (valued at \$300)

2nd Prize: \$200 Visa Gift Card

3rd Prize: \$150 Bunnings Gift Card

4th Prize: \$100 Visa Gift Card

5th Prize: \$50 Visa Gift Card

6th Prize: \$50 Visa Gift Card

2023 Parish Based Sacramental Program

Dates and eligibility requirements for the Parish's 2023 Sacramental Program are published in our parish bulletin and on the parish website -

www.sacredheartwestmead.com.au. The Sacramental Program is open to Catholics who have made Sacred Heart Parish their primary place of worship.



First Eucharist Program

18 June or 25 June

First Eucharist Masses at 11am

(program currently underway)

(attendance required)

At Sacred Heart Westmead, Baptism is celebrated on the first Sunday of the month at 11am. Please contact the Parish Office to book.



WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 18 / 19 June

6:00pm: A. Enriquez

8:00am: M. Schinella

9:30am: G. Vicente

Readers - 18 / 19 June

6:00pm: R. Saldanha / G. Manansala

8:00am: A. Marasovic / N. Logiotatos

9:30am: P. Alexander / R. M. Regi

Junior Altar Servers - 18 / 19 June

6:00pm: M. Liew

8:00am: L. Burke

9:30am: S. Dsouza / G. Vicente / L. Vicente

Senior Altar Servers - 18 / 19 June

6:00pm: N. Emmanuel

8:00am: J. Chandran

9:30am: B. Fernandes

If you are unable to attend your rostered date, please arrange a swap with another minister.

We welcome the newly Baptised to our Christian family . . .



Leia Rajanayagam

Holy Body & Blood of Christ

@Greg Sunter

The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. Although the liturgy on Holy Thursday remembers the celebration of the Last Supper, its focus tends to be more aligned with the events of the Passion rather than on the institution of the Eucharist. In the 13th Century, Pope Urban IV established the feast of Corpus Christi (the Body of Christ). In 1970 the feast was changed to the Solemnity of the Body and Blood of Christ. Jesus speaks a number of times about his followers eating his flesh and drinking his blood; 'For my flesh is real food and my blood is real drink.' Jesus says that whoever does this will live in him and he will live in them. That is one of the fundamental beliefs about the Eucharist. In the Eucharist, we celebrate the 'real presence' of Jesus, understanding that bread and wine is changed into the body and blood of Christ. This change does not occur in a physical, observable way. The Church teaches that the 'substance' of bread and wine (what makes them bread and wine in essence) is changed but not the physical attributes. This is known as 'transubstantiation' – change of substance. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist.



SUNDAY'S READINGS: 18 JUNE

11TH SUNDAY IN ORDINARY TIME

1ST READING: EX 19:2-6

2ND READING: ROM 5:6-11

GOSPEL: MT 9:36 - 10:8

