



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

30th Sunday in Ordinary Time

28 - 29 October 2023



ENTRANCE ANTIPHON

Ps 104:3-4

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

FIRST READING

Ex 22:20-26

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans. "If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him. "If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."'

RESPONSORIAL PSALM

Ps 17:2-4. 47. 51. R.v.2

R. I love you, Lord, my strength.

1. I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise:
when I call I am saved from my foes. **R.**
2. Long life to the Lord, my rock!
Praised be the God who saves me.
He has given great victories to his king
and shown his love for his anointed. **R.**

SECOND READING

1 THESS 1:5-10

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us,

and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

GOSPEL ACCLAMATION

JN 14:23

Alleluia, alleluia! All who love me will keep my words, and my Father will love them and we will come to them. Alleluia!

GOSPEL

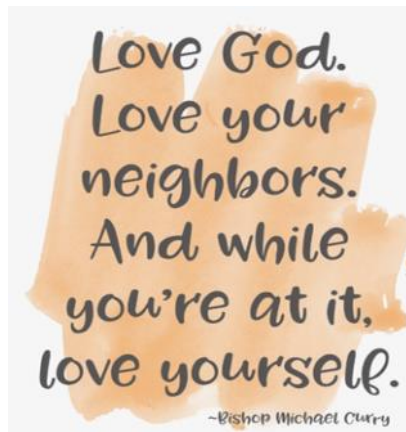
MT 22:34-40

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: you must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

COMMUNION ANTIPHON

Ps 19:6

We will ring out our joy at your saving help and exult in the name of our God.



PARISH CONTACTS

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www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

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Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

MASS TIMES

Parish Church:

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest

(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

28 / 29 October	30th Sunday in Ordinary Time	
29 October	Tamil Mass	5.30pm
1 November	All Saints	Solemnity
2 November	All Souls Day Mass	7pm
4 November	St Charles Borromeo	Memorial
4 / 5 November	31st Sunday in Ordinary Time	

ANNOUNCEMENTS



Volunteers are an essential part of our Parish. There are many opportunities to get involved and help build our parish community. If you would like to volunteer; please complete a Commitment to Ministry form available to download from our website or in the Church; or contact the Parish Office if you can assist.

All Souls' Day Masses: 2 November

To commemorate All Souls' Day on

**Thursday
2 November 2023**

Mass will be celebrated as follows:

Sacred Heart Westmead: 7pm



'In Memoriam': for the month of November

November is a special time to pray for the faithful departed. The Church encourages the offering of prayers or Masses. Envelopes are available in the church for all those wishing to offer Mass for deceased loved ones during November. All Mass intentions will be recorded in our 'In Memoriam' booklet displayed in the church.

IN MEMORIAM



2023 Parish Based Sacramental Program

Dates and eligibility requirements for the Parish's 2023 Sacramental Program are published in our parish bulletin and on the parish website -

www.sacredheartwestmead.com.au. The Sacramental Program is open to Catholics who have made Sacred Heart Parish their primary place of worship.

First Reconciliation Program

29 October Groups start for 4 weeks (attendance required)
28 November Reconciliation Liturgies - 6.30pm & 7.30pm (attendance required)



COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS DAY)

ENTRANCE ANTIPHON 1TH 4:14; 1 COR 15:22

Just as Jesus died and has risen again, so through Jesus God will bring with him those who have fallen asleep and as in Adam all die, so also in Christ will all be brought to life.

FIRST READING Is 25:6-9

RESPONSORIAL PSALM Ps 26:1.4.7-9.13-14. RV.1
R. The Lord is my light and my salvation.

SECOND READING RM 5:5-11

GOSPEL ACCLAMATION JN 6:39

This is the will of my Father, says the Lord, that I should lose nothing of all that he has given to me, and that I should raise it up on the last day.

GOSPEL MT 15:33-39; 16:1-6

When the sixth hour came there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus cried out in a loud voice, 'Eloi, Eloi, lama sabachthani?' which means, 'My God, my God, why have you deserted me?' When some of those who stood by heard this, they said, 'Listen, he is calling on Elijah'. Someone ran and soaked a sponge in vinegar and putting it on a reed, gave it him to drink saying, 'Wait and see if Elijah will come to take him down'. But Jesus gave a loud cry and breathed his last.

And the veil of the Temple was torn in two from top to bottom. The centurion, who was standing in front of him, had seen how he had died, and he said, 'In truth this man was a son of God.' When the sabbath was over, Mary of Magdala, Mary the mother of James, and Salome, bought spices with which to go and anoint him. And very early in the morning on the first day of the week they went to the tomb, just as the sun was rising. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' But when they looked they could see that the stone - which was very big - had already been rolled back. On entering the tomb they saw a young man in a white robe seated on the right-hand side and they were struck with amazement. But he said to them, 'There is no need for alarm. You are looking for Jesus of Nazareth, who was crucified: he has risen, he is not here. See, here is the place where they laid him.'

COMMUNION ANTIPHON JN 11:25-26

I am the Recurrection and the Life, says the Lord. Whoever believes in me, even though he dies, will live, and everyone who lives and believes in me will not die for ever.

WEEK 1 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 4 / 5 November

6:00pm: O. Nagel

8:00am: J. Nealon

9:30am: F. Khouri

Readers - 4 / 5 November

6:00pm: B. Fernandes / A. Enriquez

8:00am: M. Schinella

9:30am: C. Khouri / C. Esterado

Junior Altar Servers - 4 / 5 November

6:00pm: C. Cristobal

8:00am: volunteer required

9:30am: G. Vicente / L. Vicente

Senior Altar Servers - 4 / 5 November

6:00pm: J. Nagel

8:00am: J. Chandran

9:30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

At Sacred Heart Westmead, Baptism is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book.



The Good News

(excerpt from CathNews)

Young Catholics were among the first to get their hands on rosaries inspired by Australian wildflowers and shirts printed with saintly mottos, all crafted by four Brisbane women who founded a "holywares" online shop. The Lily Rose Room shop was started by four women from Springfield parish who met through their parish and formed a small prayer group that would meet in their homes after Mass. Gloria Nolan said they loved spending time together, "being Church for one another", sharing their lives over a cup of coffee and praying around the kitchen table. One day, while talking around the kitchen table, Miranda Hackwill pulled out some beads and suggested they make rosaries together. It took off from there. Vanessa Comminos said it was a creative, soothing and prayerful experience making rosaries. "We're co-creators with God - God's given us this talent to be able to create rosaries and pray together." The colours and aesthetic of the shop took inspiration from the beauty of Australian flora. Ms Comminos added she loved sending gifts to her relatives overseas. "I want to send something that is Australian, where I live, it's the culture that I have embraced. I would love them to have a piece of me and my new culture and my new country." www.thelilyroseroom.com

SUNDAY'S READINGS: 5 NOVEMBER

31ST SUNDAY IN ORDINARY TIME

1ST READING: MAL 1:14 - 2:2, 8-10

2ND READING: 1 THESS 2:7-9, 13

GOSPEL: MT 23:1-12

