



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

6th Sunday in Ordinary Time

10 - 11 February 2024



SECOND READING 1 COR 10:31-11:1

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

GOSPEL ACCLAMATION Lk 7:16

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

GOSPEL Mk 1:40-45

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

COMMUNION ANTIPHON Ps 77:29-30

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

R.

God will
heal and
mend. It's
what He
does; it's
who He is.

R.

R.

ENTRANCE ANTIPHON Ps 30:3-4

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

FIRST READING LEV 13:1-2, 44-46

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons. 'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp.'

RESPONSORIAL PSALM

Ps 31:1-2, 5, 11. R.v.7

R. I turn to you, Lord, in time of trouble and you fill me with the joy of salvation.

1. Happy the man whose offence is forgiven, whose sin is remitted.

O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile.

2. But now I have acknowledged my sins; my guilt I did not hide.

I said: 'I will confess my offence to the Lord.' And you, Lord, have forgiven the guilt of my sin.

3. Rejoice, rejoice in the Lord, exult, you just!

O come, ring out your joy, all you upright of heart.

PARISH CONTACTS

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Parish Primary Schools:

Sacred Heart Primary

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Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

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MASS TIMES

Parish Church:

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

10 / 11 February	6th Sunday in Ordinary Time	
13 February	Shrove Tuesday	
14 February	Ash Wednesday Mass	9am & 7pm
17 / 18 February	First Sunday of Lent	
25 February	Tamil Mass	5.30pm
2 - 12 February	No 9am Daily Parish Mass	

ANNOUNCEMENTS

Masses will be held celebrating **Ash Wednesday on 14 February**
Ash Wednesday is a day of fast & abstinence
and marks the start of Lent.



Sacred Heart Westmead 9am & 7pm
St Patricks Cathedral, Parramatta 6.30am, 12.30pm & 7.30pm

HOLY WEEK & EASTER PROGRAM

Passion/ Palm Sunday	March 23/24 Mass	6pm, 8am, 9.30am (with Blessing of Palms & Procession)
Holy Monday	March 25 Mass	9am
Holy Tuesday	March 26 Mass	9am
Holy Wednesday	March 27 Mass	9am
Holy Thursday	March 28	Mass of the Lord's Supper 7pm Solemn Reservation until 10pm
Good Friday	March 29	Way of the Cross 10am Individual Reconciliation (immediately after 'Way of the Cross') Celebration of the Lord's Passion 3pm
Holy Saturday	March 30	Easter Vigil (including Lucernarium) 7pm
Easter Sunday	March 31	8am, 9.30am

ASH WEDNESDAY MASS

ENTRANCE ANTIPHON WIS 11:24, 25, 27
*You are merciful to all, O Lord,
and despise nothing that you have made.
You overlook people's sins, to bring them
to repentance, and you spare them,
for you are the Lord our God.*

FIRST READING JOEL 2:12-18

RESPONSORIAL PSALM PS 50:3-6.12-14.17 R.V3
R. Be merciful, O Lord, for we have sinned.

SECOND READING 2 COR 5:20-6:2

GOSPEL ACCLAMATION PS 94:8

*Praise to you, Lord Jesus Christ,
king of endless glory!*

*If today you hear his voice,
harden not your hearts.*

*Praise to you, Lord Jesus Christ,
king of endless glory!*

GOSPEL MT 6:1-6. 16-18

Jesus said to his disciples: 'Be careful not to parade your good deeds before men to attract their notice; by doing this you will lose all reward from your Father in heaven. So when you give alms, do not have it trumpeted before you; this is what the hypocrites do in the synagogues and in the streets to win

men's admiration. I tell you solemnly, they have had their reward. But when you give alms, your left hand must not know what your right is doing; your almsgiving must be secret, and your Father who sees all that is done in secret will reward you. 'And when you pray, do not imitate the hypocrites: they love to say their prayers standing up in the synagogues and at the street corners for people to see them. I tell you solemnly, they have had their reward. But when you pray, go to your private room and, when you have shut your door, pray to your Father who is in that secret place, and your Father who sees all that is done in secret will reward you. 'When you fast do not put on a gloomy look as the hypocrites do: they pull long faces to let men know they are fasting. I tell you solemnly, they have had their reward. But when you fast, put oil on your head and wash your face, so that no one will know you are fasting except your Father who sees all that is done in secret; and your Father who sees all that is done in secret will reward you.'

COMMUNION ANTIPHON: VIGIL PS 1:2-3

*He who ponders the law of the Lord day
and night will yield fruit in due season.*

WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr John you are in attendance

EMoE - 17 / 18 February

6:00pm: S. Sutherland

8.00am: J. Nealon

9:30am: M. Kastoun

Readers - 17 / 18 February

6:00pm: R. Saldanha / M. Chalhoud

8.00am: M. Schinella / N. Logiotatos

9.30am: P. Alexander / R. M. Regi

Junior Altar Servers - 17 / 18 February

6:00pm: T. Fraser / W. Fraser

8.00am: volunteer required

9.30am: G. Vicente / L. Vicente

Senior Altar Servers - 17 / 18 February

6:00pm: P. Sicat

8.00am: D. Howse

9.30am: N. Emmanuel

If you are unable to attend your rostered date,
please arrange a swap with another minister.

Stations of the Cross

Stations of the Cross are held in the Church,
every Friday at 7pm during Lent.

After 24 years of ordained ministry, Bp Vincent has generously granted me 6 months long service leave from 17 February 2024. In my absence, Fr John Hogan, a retired priest of the diocese, will be appointed administrator of the parish. I know you will welcome him and generously assist him. This will be a great time of renewal for me and I am looking forward to the opportunities my LSL will offer me. Also, I know the parish will be in good hands, being carefully cared for by Fr John & members of the parish's Vision & Finance Committee/s along with our many great volunteers. Please pray for me during this time just I will be praying for you & the parish. **Fr Walter**

Ash Wednesday - 14 February

Ash Wednesday opens Lent, the season of fasting and prayer and is named after the practice of placing ashes on the forehead. Ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year and symbolise the dust from which God made us. During Mass, all are invited to accept the ashes as a visible symbol of penance. Each congregant's forehead is marked with ashes, often in the shape of a cross; with the words said: "Remember that you are dust, and to dust you shall return." Lent is a 40-day season marked by fasting, repentance, reflection and ultimately celebration. The 40-day period reflects Christ's time of temptation in the wilderness, where he fasted and Satan tempted him. Lent asks Christians to set aside a time each year for similar fasting, marking an intentional season of focus on Christ's life, ministry, sacrifice and resurrection. The Lenten season is meant to be a time of self-sacrifice, denial and repentance.

NEXT SUNDAY'S READINGS: 18 FEBRUARY

FIRST SUNDAY OF LENT

1ST READING: GEN 9:8-15

2ND READING: 1 PET 3:18-22

GOSPEL: MK 1:12-15

