



Westmead Catholic Community **PARISH HEARTBEATS**

Official Weekly Bulletin of Sacred Heart Parish, Westmead

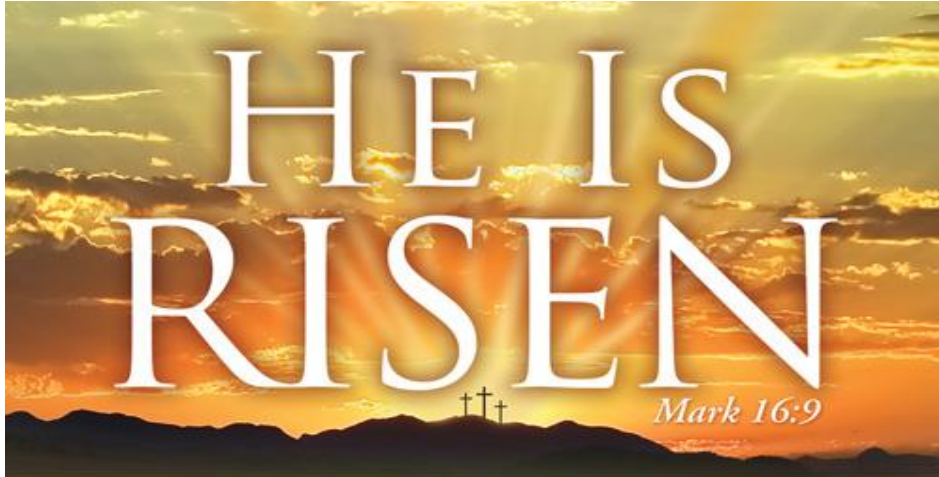
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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

Easter Sunday of the Resurrection of the Lord

30 - 31 March 2024



EASTER VIGIL

BLESSING OF THE FIRE AND PREPARATION OF THE CANDLE

PROCESSION OF LIGHT

Priest The light of Christ.

People *Thanks be to God.*

FIRST READING

Genesis 1:1—2:2

In the beginning God created the heavens and the earth. Now the earth was a formless void, there was darkness over the deep, and God's spirit hovered over the water. God said, 'Let there be light', and there was light. God saw that light was good, and God divided light from darkness. God called light 'day', and darkness he called 'night'. Evening came and morning came: the first day. God said, 'Let there be a vault in the waters to divide the waters in two.' And so it was. God made the vault, and it divided the waters above the vault from the waters under the vault. God called the vault 'heaven'. Evening came and morning came: the second day. God said, 'Let the waters under heaven come together into a single mass, and let dry land appear.' And so it was. God called the dry land 'earth' and the mass of waters 'seas', and God saw that it was good. God said, 'Let the earth produce vegetation: seed-bearing plants, and fruit trees bearing fruit with their seed inside, on the earth.' And so it was. The earth produced vegetation: plants bearing seed in their several kinds, and trees bearing fruit with their seed inside in their several kinds. God saw that it was good. Evening came and morning came: the third day. God said, 'Let there be lights in the vault of heaven to divide day from night, and let them indicate festivals, days and years. Let them be lights in the vault of heaven to shine on the earth.' And so it was. God made the two great lights: the greater light to govern the day, the smaller light to govern the night, and the stars. God set them in the vault of heaven to shine on the earth, to govern the day and the night and to divide light from darkness. God saw that it was good. Evening came and morning came: the fourth day. God said, 'Let the waters teem with living creatures, and let birds fly above the earth within the vault of heaven.' And so it was. God created great sea-serpents and every kind of living creature with which the waters teem, and every kind of winged creature. God saw that it was good. God blessed them, saying 'Be fruitful, multiply, and fill the waters of the seas; and let the birds multiply upon the earth.' Evening came and morning came: the fifth day. God said, 'Let the earth produce every kind of living creature: cattle, reptiles, and every kind of wild beast.' And so it was. God made every kind of wild beast, every kind of cattle, and every kind of land reptile. God saw that it was good. God said, 'Let us make man in our own image, in the likeness of ourselves, and let them be masters of the fish of the sea, the birds of heaven, the cattle, all the wild beasts and all the reptiles that crawl upon the earth.' God created man in the image of himself, in the image of God he created him, male and female he created them. God blessed them, saying to them, 'Be fruitful, multiply, fill the earth and conquer it. Be masters of the fish of the sea, the birds of heaven and all living animals on the earth.' God said, 'See, I give you all the seed-bearing plants that are upon the whole earth, and all the trees with seed-bearing fruit; this shall be your food. To all wild beasts, all birds of heaven and all living reptiles on the earth I give all the foliage of plants for food.' And so it was. God saw all he had made, and indeed it was very good. Evening came and morning came: the sixth day. Thus heaven and earth were completed with all their array. On the seventh day God completed the work he had been doing. He rested on the seventh day after all the work he had been doing.

PARISH CONTACTS

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www.sacredheartwestmead.com.au
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Parish Priest

Rev Fr Walter Fogarty PP (on leave)

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Parish Primary Schools:

Sacred Heart Primary

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Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI
Tel: (02) 8890 6037; Pager: 8512

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOIDING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

EASTER VIGIL (CONT)

RESPONSORIAL PSALM

Ps 103:1-2,5-6,10,12-14,24,35

**R. Lord, send out your Spirit,
and renew the face of the earth.**

1. Bless the Lord, my soul!
Lord God, how great you are,
clothed in majesty and glory,
wrapped in light as in a robe. **R.**
2. You founded the earth on its base,
to stand firm from age to age.
You wrapped it with the ocean like a cloak:
the waters stood higher than the mountains. **R.**
3. You make springs gush forth in the valleys:
they flow in between the hills.
On their banks dwell the birds of heaven;
from the branches they sing their song. **R.**
4. From your dwelling you water the hills;
earth drinks its fill of your gift.
You make the grass grow for the cattle
and the plants to serve man's needs. **R.**
5. How many are your works, O Lord!
In wisdom you have made them all.
The earth is full of your riches. **R.**
Bless the Lord, my soul!

SECOND READING

Exodus 14:15-15:1

The Lord said to Moses, 'Why do you cry to me so? Tell the sons of Israel to march on. For yourself, raise your staff and stretch out your hand over the sea and part it for the sons of Israel to walk through the sea on dry ground. I for my part will make the heart of the Egyptians so stubborn that they will follow them. So shall I win myself glory at the expense of Pharaoh, of all his army, his chariots, his horsemen. And when I have won glory for myself, at the expense of Pharaoh and his chariots and his army, the Egyptians will learn that I am the Lord.' Then the angel of the Lord, who marched at the front of the army of Israel, changed station and moved to their rear. The pillar of cloud changed station from the front to the rear of them, and remained there. It came between the camp of the Egyptians and the camp of Israel. The cloud was dark, and the night passed without the armies drawing any closer the whole night long. Moses stretched out his hand over the sea. The Lord drove back the sea with a strong easterly wind all night, and he made dry land of the sea. The waters parted and the sons of Israel went on dry ground right into the sea, walls of water to right and to left of them. The Egyptians gave chase: after them they went, right into the sea, all Pharaoh's horses, his chariots, and his own horsemen. In the morning watch, the Lord looked down on the army of the Egyptians the pillar of fire and cloud, and threw the army into confusion. He so clogged their chariot wheels that they could scarcely make headway. 'Let us flee from the Israelites,' the Egyptians cried 'the Lord is fighting for them against the Egyptians!' 'Stretch out your hand over the sea,' the Lord said to Moses 'that the waters may flow back on the Egyptians and their chariots and their horsemen.' Moses stretched out his hand over the sea and, as day broke, the sea returned to its bed. The fleeing Egyptians marched right into it, and the Lord overthrew the Egyptians in the very middle of the sea. The returning waters overwhelmed the chariots and the horsemen of Pharaoh's whole army, which had followed the Israelites into the sea; not a single one of them was left. But the sons of Israel had marched through the sea on dry ground, walls of water to right and to left of them. That day, the Lord rescued Israel from the Egyptians, and Israel saw the Egyptians lying dead on the shore. Israel witnessed the great act that the Lord had performed against the Egyptians, and the people venerated the Lord; they put their faith in the Lord and in Moses, his servant. It was then that Moses and the sons of Israel sang this song in honour of the Lord:

RESPONSORIAL PSALM

Exodus 15 (Hymn of victory after crossing the Red Sea)

**R. Let us sing to the Lord;
he has covered himself in glory.**

1. I will sing to the Lord, glorious his triumph!
Horse and rider he has thrown into the sea!

- The Lord is my strength, my song, my salvation.
This is my God and I extol him,
my father's God and I give him praise. **R.**
2. The Lord is a warrior! The Lord is his name.
The chariots of Pharaoh he hurled into the sea,
the flower of his army is drowned in the sea.
The deeps hide them; they sank like a stone. **R.**
 3. Your right hand, Lord, glorious in its power,
your right hand, Lord, has shattered the enemy.
In the greatness of your glory you crushed the foe. **R.**
 4. You will lead your people and plant them on your mountain,
the place, O Lord, where you have made your home,
the sanctuary, Lord, which your hands have made.
The Lord will reign for ever and ever. **R.**

THIRD READING

Isaiah 55:1-11

Thus says the Lord: Oh, come to the water all you who are thirsty; though you have no money, come! Buy corn without money, and eat, and, at no cost, wine and milk. Why spend money on what is not bread, your wages on what fails to satisfy? Listen, listen to me, and you will have good things to eat and rich food to enjoy. Pay attention, come to me; listen, and your soul will live. With you I will make an everlasting covenant out of the favours promised to David. See, I have made of you a witness to the peoples, a leader and a master of the nations. See, you will summon a nation you never knew, those unknown will come hurrying to you, for the sake of the Lord your God, of the Holy One of Israel who will glorify you. Seek the Lord while he is still to be found, call to him while he is still near. Let the wicked man abandon his way, the evil man his thoughts. Let him turn back to the Lord who will take pity on him, to our God who is rich in forgiving; for my thoughts are not your thoughts, my ways not your ways – it is the Lord who speaks. Yes, the heavens are as high above earth as my ways are above your ways, my thoughts above your thoughts. Yes, as the rain and the snow come down from the heavens and do not return without watering the earth, making it yield and giving growth to provide seed for the sower and bread for the eating, so the word that goes from my mouth does not return to me empty, without carrying out my will and succeeding in what it was sent to do.

RESPONSORIAL PSALM

Isaiah 12 (The rejoicing of a redeemed people)

**R. You will draw water joyfully
from the springs of salvation.**

1. Truly God is my salvation,
I trust, I shall not fear.
For the Lord is my strength, my song,
he became my saviour.
With joy you will draw water
from the wells of salvation. **R.**
2. Give thanks to the Lord, give praise to his name!
Make his mighty deeds known to the peoples,
declare the greatness of his name. **R.**
3. Sing a psalm to the Lord
for he has done glorious deeds,
People of Zion, sing and shout for joy
make them known to all the earth!
for great in your midst is the Holy One of Israel. **R.**

EPISTLE

Romans 6:3-11

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life. If in union with Christ we have imitated his death, we shall also imitate him in his resurrection. We must realise that our former selves have been crucified with him to destroy this sinful body and to free us from the slavery of sin. When a man dies, of course, he has finished with sin. But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

EASTER VIGIL (CONT)

RESPONSORIAL PSALM

Ps 117:1-2,16-17,22-23

R. Alleluia. Alleluia. Alleluia.

1. Give thanks to the Lord for he is good,
for his love has no end.
Let the sons of Israel say:
'His love has no end.' **R.**
2. The Lord's right hand has triumphed;
his right hand raised me up.
I shall not die, I shall live
and recount his deeds. **R.**
3. The stone which the builders rejected
has become the corner stone.
This is the work of the Lord,
a marvel in our eyes. **R.**

GOSPEL

Mk 16:1-7

When the sabbath was over, Mary of Magdala, Mary the mother of James, and Salome, bought spices with which to go and anoint him. And very early in the morning on the first day of the week they went to the tomb, just as the sun was rising. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' But when they looked they could see that the stone – which was very big – had already been rolled back. On entering the tomb they saw a young man in a white robe seated on the right hand side, and they were struck with amazement. But he said to them, 'There is no need for alarm. You are looking for Jesus of Nazareth, who was crucified: he has risen, he is not here. See, here is the place where they laid him. But you must go and tell his disciples and Peter, "He is going before you to Galilee; it is there you will see him, just as he told you."'

COMMUNION ANTIPHON

1 Cor 5:7-8

**Christ our Passover has been sacrificed;
therefore let us keep the feast
with the unleavened bread of purity and truth, alleluia.**



EASTER SUNDAY

ENTRANCE ANTIPHON

Ps 138:18,5-6

**I have risen, and I am with you still, alleluia.
You have laid your hand upon me, alleluia.
Too wonderful for me, this knowledge, alleluia, alleluia.**

FIRST READING

ACTS 10:34, 37-43

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

RESPONSORIAL PSALM

Ps 117:1-2, 16-17, 22-23. R. v.24

**R. This is the day the Lord has made;
let us rejoice and be glad.**

1. Give thanks to the Lord for he is good,
for his love has no end.
Let the sons of Israel say:
'His love has no end.' **R.**
2. The Lord's right hand has triumphed;
his right hand raised me up.
I shall not die, I shall live
and recount his deeds. **R.**
3. The stone which the builders rejected
has become the corner stone.
This is the work of the Lord,
a marvel in our eyes. **R.**

SECOND READING

Col 3:1-4

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

SEQUENCE

Christians, to the Paschal Victim offer sacrifice and praise.
The sheep are ransomed by the Lamb;
and Christ, the undefiled, hath sinners to his Father reconciled.
Death with life contended: combat strangely ended!
Life's own Champion, slain, yet lives to reign.
Tell us, Mary: say what thou didst see upon the way.
The tomb the Living did enclose; I saw Christ's glory as he rose!
The angels there attesting; shroud with grave-clothes resting.
Christ, my hope, has risen: he goes before you into Galilee.
That Christ is truly risen from the dead we know.
Victorious king, thy mercy show!

GOSPEL ACCLAMATION

1 Cor 5:7-8

**Alleluia, alleluia! Christ has become our paschal sacrifice;
let us feast with joy in the Lord. Alleluia!**

GOSPEL

Jn 20:1-9

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.' So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

COMMUNION ANTIPHON

1 Cor 5:7-8

**Christ our Passover has been sacrificed, alleluia;
therefore let us keep the feast with the unleavened bread
of purity and truth, alleluia, alleluia.**



HOLY THURSDAY

MASS OF THE LORD'S SUPPER

ENTRANCE ANTIPHON Gal 6:14

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

FIRST READING Ex 12:1-8, 11-14

RESPONSORIAL PSALM

Ps 115:12-13.15-18. R.1 Cor 10:16

R. Our blessing-cup is a communion with the blood of Christ.

1. How can I repay the Lord for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name. **R.**
2. O precious in the eyes of the Lord is the death of his faithful.
Your servant, Lord, your servant am I;
you have loosened my bonds. **R.**
3. A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people. **R.**

SECOND READING 1 Cor 11:23-26

GOSPEL ACCLAMATION Jn 13:34

Praise and honour to you, Lord Jesus Christ!

I give you a new commandment: love one another as I have loved you.

Praise and honour to you, Lord Jesus Christ!

GOSPEL Jn 13:1-15

COMMUNION ANTIPHON 1 Cor 11:24-25

This is the Body that will be given up for you; this is the Chalice of the new covenant in my Blood, says the Lord; do this, whenever you receive it, in memory of me.

TRANSFER OF MOST BLESSED SACRAMENT

FRIDAY

FRIDAY OF PASSION OF THE LORD

FIRST READING Is 52:13—53:12

RESPONSORIAL PSALM

Ps 30:2.6.12-13.15-17.25. R. Lk 23:46

R. Father, I put my life in your hands.

1. In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free.
Into your hands I commend my spirit.
It is you who will redeem me, Lord. **R.**
2. In the face of all my foes
I am a reproach,
an object of scorn to my neighbours
and of fear to my friends. **R.**
3. Those who see me in the street
run far away from me.
I am like a dead man,
forgotten in men's hearts,
like a thing thrown away. **R.**
4. But as for me, I trust in you, Lord,
I say: 'You are my God.'
My life is in your hands, deliver me
from the hands of those who hate me. **R.**
5. Let your face shine on your servant.
Save me in your love.
Be strong, let your heart take courage,
all who hope in the Lord. **R.**

SECOND READING Heb 4:14-16: 5:7-9

GOSPEL ACCLAMATION Phil 2:8-9

Glory and praise to you, Lord Jesus Christ!

Christ became obedient for us even to death, dying on the cross.

Therefore God raised him on high and gave him a name above all other names.

Glory and praise to you, Lord Jesus Christ!

GOSPEL Jn 18:1-19:42

The passion of our Lord Jesus Christ according to John

THE SOLEMN INTERCESSIONS

THE ADORATION OF THE HOLY CROSS

WEEK 1 ROSTERS—WEEKEND MASS

Please notify Fr John you are in attendance

EMoE - 6 / 7 April

6:00pm: R. Tuason San Juan

8:00am: M. Schinella

9:30am: F. Khouri

Readers - 6 / 7 April

6:00pm: A. Enriquez / J. Cicchini

8:00am: M. Budwee / A. Priya

9:30am: C. Esterado / C. Khouri

Junior Altar Servers - 6 / 7 April

6:00pm: C. Cristobal / S. D'Souza

8:00am: A. Dave

9:30am: G. Vicente / L. Vicente

Senior Altar Servers - 6 / 7 April

6:00pm: B. Fernandes

8:00am: J. Chandran

9:30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

Easter

Easter concludes the "Passion of Christ," which begins with Lent and ends with Holy Week. Holy Week commemorates Jesus Christ's arrival in Jerusalem, and the last week of his life on earth. Holy Thursday (Maundy Thursday) commemorates the Last Supper of Jesus Christ, and his institution of the priesthood. This was the night Jesus was betrayed by Judas, following the meal he shared with his Disciples. The Mass of the Lord's Supper, is held in commemoration. The Eucharist is particularly important in this Mass, for it was during this meal that Christ broke bread with his disciples and utters the words "This is my body, this is my blood". Jesus also washed the feet of his 12 apostles, anointing them as his first priests. This humbling gesture is re-enacted during mass. Good Friday commemorates the crucifixion of Jesus Christ. During Mass we reflect on the pain and suffering that Jesus had to endure for us. Easter Sunday, the Pascha, or Resurrection Sunday; marks the third day after the crucifixion of Jesus Christ, and the day of his miraculous resurrection. Many attend the Easter Vigil or Midnight Mass; while others begin Easter Sunday with a morning mass. Easter has a many traditions, many derived from folk customs. The use of decorated Easter eggs was first recorded in the 13th century. The egg became a symbol of the Resurrection; as Jesus rose from the tomb, the egg symbolises new life emerging from the eggshell. Easter eggs are given out, or used in games around the world. In some homes, the Easter Bunny delivers chocolate eggs on Easter Sunday morning. Often the eggs are 'hidden' and children embark on a 'hunt' to find them.

Grant Eternal Rest to the recently deceased and those we remember at this time . . .
Fahd Family; Gittany Family



NEXT SUNDAY'S READINGS: 7 APRIL

SECOND SUNDAY OF EASTER

1ST READING: ACTS 4:32-35

2ND READING: 1 JN 5:1-6

GOSPEL: JN 20:19-31



GOOD

PARISH DIARY DATES

30/ 31 March *Easter Sunday of the Resurrection of the Lord* **Solemnity with octave**

30 March

Easter Midnight Tamil Mass

11.30pm

6 / 7 April

Second Sunday of Easter

