



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

Email Address: office@sacredheartwestmead.com.au Website: www.sacredheartwestmead.com.au

'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

19th Sunday in Ordinary Time

10 - 11 August 2024

⁶⁶I AM THE BREAD OF LIFE

ENTRANCE ANTIPHON

Ps 73:20, 19, 22, 23

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

FIRST READING

1 Kg 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

RESPONSORIAL PSALM

Ps 33:2-9. R.v.9

R. Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad.
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free.
3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress.
4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him.

SECOND READING

EPH 4:30-5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper,

or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

GOSPEL ACCLAMATION

JN 6:51

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL

JN 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life.

R.

I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

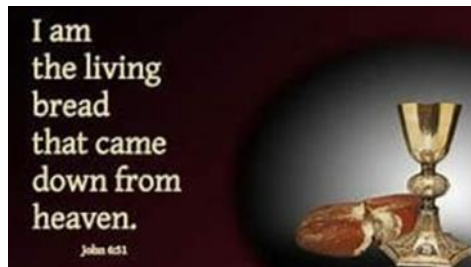
R.

R.

COMMUNION ANTIPHON

Ps 147:12, 14

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.



PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au

www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP (on leave)

Administrator

Rev Fr John Hogan

Parish Administrator

Virginia Knight,

Tuesday - Thursday: 10am - 4pm

Email: office@

sacredheartwestmead.com.au

Sacramental Coordinator

Anne Monahan,

Friday: 10am - 4pm

Email: sacraments@

sacredheartwestmead.com.au

Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

10 / 11 August	19th Sunday in Ordinary Time	
14 August	St Maximilian Mary Kolbe	Memorial
15 August	Solemnity of Assumption of the Blessed Virgin Mary	Mass 9am, 7pm
17 / 18 August	20th Sunday in Ordinary Time	
19 - 31 August	No 9am Daily Parish Mass	
25 August	Tamil Mass	5.30pm

ANNOUNCEMENTS

Grant Eternal Rest to the recently deceased and those we remember at this time . . .

**Bishop Kevin Manning
Michael Sutherland**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2024.



Dates and eligibility requirements for the **Parish's 2024 Sacramental Program** are published in our parish bulletin & on our website - www.sacredheartwestmead.com.au

Confirmation Program

From 4 August Group sessions start for 4 weeks
(attendance required at assigned 4 sessions)

Tuesday 10 September Confirmation Mass at 7pm (attendance required)



Feast of the Assumption: Thursday 15 August

The Assumption is a holy day of obligation. Masses will be held celebrating the Solemnity of the Assumption at Sacred Heart Westmead at 9am (with school) & 7pm.



Fr Walter extended leave

Due to hospitalisation & surgery in June, Fr Walter will not be returning to active ministry until 2 September. Fr John will finish his time with us on the weekend of 17/18 August.

There will be no Daily Parish Mass from August 19 - August 31.

Weekend parish Mass will be held as usual, with visiting priests.



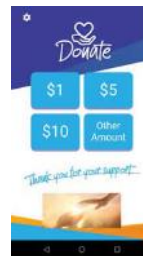
Farewell & God's Blessings

Sacred Heart Westmead would like to extend our gratitude to Fr John for his dedication to our parish community over the past six months. His guidance and support have touched the lives of many, and his service to our parish family is deeply appreciated. He takes with him our heartfelt thanks, love and prayers. We wish him every blessing as he embarks upon the next path in his journey.



New 'Tap & Go' devices have been installed in our church. To make a preset donation, select from either \$5, \$10 or \$20, or enter the amount of your choice. Then tap your card on the contactless logo to complete.

*We thank you
for your support of
Sacred Heart Parish Westmead*



WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr John you are in attendance

EMoE - 17 / 18 August

6:00pm: S. Sutherland
8.00am: J. Nealon
9:30am: M. Kastoun

Readers - 17 / 18 August

6:00pm: *volunteer required* / F. Cadeaux
8.00am: M. Schinella / *volunteer required*
9.30am: P. Alexander / R. M. Regi

Junior Altar Servers - 17 / 18 August

6:00pm: T. Fraser / W. Fraser
8.00am: *volunteer required*
9.30am: G. Vicente / L. Vicente

Senior Altar Servers - 17 / 18 August

6:00pm: P. Sicat
8.00am: J. Chandran
9.30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

Expression of Interest:

Sacred Heart Westmead Catechists

Are you interested in joining our parish Catechist team? We are looking for new volunteers to this vital & rewarding ministry. Only half an hour on each Thursday during school terms. Please contact Laura Eid: lauraeid1955@icloud.com



The Good News

(excerpt from CathNews)

As gold medals keep coming for Aussie athletes in Paris, Bunbury Catholic College in country WA is proud of the reputation it's building up – a school with a knack for producing Olympians, with 4 alumni competing in the Olympics this year. Seeing former classmates compete overseas has filled students like Emily Irving, with pride. "It's wild. Someone like us has made it all the way to the Paris Olympics just from a background like this." As a young soccer player, Emily hopes she'll also represent Australia one day. She's not alone. The school is brimming with students chasing the Olympic dream. For swimmer Ingrid Blandford, her dream of making the Olympic team might not be too far away, and she trains 8 times a week. "I think it's always everyone's dream to see how far they could go but making the Olympics would always be a dream. I think LA's probably a bit of a stretch but I'd definitely like to try for Brisbane." Graham Jones, college sport teacher, credits the success to the kids themselves and said he had high hopes the school would continue to produce hard-working athletes. "All of them just have the same commitment. They're workers, they do the work. We've been very lucky in having some real talent coming through. We sort of went a bit further in more recent times and started to develop an elite sporting program. Hopefully, that will provide some others with the incentives, knowledge and interest to pursue their own activities down the line and aspire and achieve."

NEXT SUNDAY'S READINGS: 17 / 18 AUGUST

20TH SUNDAY IN ORDINARY TIME

1ST READING: PROV 9:1-6
2ND READING: EPH 5:15-20
GOSPEL: JN 6:51-58

