



# Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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*'The sacred heart of Jesus is an open heart...'* St Teresa of Kolkata

20th Sunday in Ordinary Time

17 - 18 August 2024



Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

**GOSPEL ACCLAMATION** JN 6:56

**Alleluia, alleluia! All who eat my flesh and drink my blood live in me and I in them, says the Lord. Alleluia!**

**GOSPEL** JN 6:51-58

Jesus said to the crowd: 'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another:

'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him.

As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

**R. COMMUNION ANTIPHON** Ps 129:7

**With the Lord there is mercy; in him is plentiful redemption.**



**ENTRANCE ANTIPHON** Ps 83:10-11

**Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.**

**FIRST READING** PROV 9:1-6

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.' To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

**RESPONSORIAL PSALM** Ps 33:2-3, 10-15. R.v.9

**R. Taste and see the goodness of the Lord.**

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **R.**
2. Revere the Lord, you his saints. They lack nothing, those who revere him. Strong lions suffer want and go hungry but those who seek the Lord lack no blessing. **R.**
3. Come children, and hear me that I may teach you the fear of the Lord. Who is he who longs for life and many days, to enjoy his prosperity? **R.**
4. Then keep your tongue from evil and your lips from speaking deceit. Turn aside from evil and do good; seek and strive after peace. **R.**

**SECOND READING** EPH 5:15-20

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord.

## PARISH CONTACTS

(02) 9635 9262  
www.sacredheartwestmead.com.au  
www.facebook.com/Sacred-Heart-Westmead

### Parish Priest

Rev Fr Walter Fogarty PP (on leave)

### Administrator

Rev Fr John Hogan

### Parish Administrator

Virginia Knight,  
Tuesday - Thursday: 10am - 4pm  
Email: office@

sacredheartwestmead.com.au

### Sacramental Coordinator

Anne Monahan,  
Friday: 10am - 4pm  
Email: sacraments@  
sacredheartwestmead.com.au

### Parish Primary Schools:

#### Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

#### Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

### Westmead Hospital Chaplain

Fr Domingo Barawid MI  
Tel: (02) 8890 6037; Pager: 8512

### MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)  
Sunday: 8:00am & 9:30am  
Mon, Tue, Wed, Fri, Sat: 9:00am

### RECONCILIATION

Saturday: 5:00pm to 5:30pm

### BAPTISMS

1st Sundays or by arrangement

### MARRIAGES & FUNERALS

By arrangement with the Parish Priest  
(min 6 months notice for weddings)

### ANOINTING OF THE SICK

By arrangement with the Parish Priest

*The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.*

## PARISH DIARY DATES

<b>17 / 18 August</b>	<b>20th Sunday in Ordinary Time</b>	
20 August St Bernard	21 August St Pius	Memorial/s
22 August	Queenship of the Blessed Virgin Mary	Memorial
24 August	St Bartholomew, apostle	Feast
<b>24 / 25 August</b>	<b>21st Sunday in Ordinary Time</b>	
25 August	Tamil Mass	5.30pm
19 - 31 August	No 9am Daily Parish Mass	

## ANNOUNCEMENTS

**Grant Eternal Rest to the recently deceased and those we remember at this time . . .**

**Bishop Kevin Manning  
Michael Sutherland**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2024.



Dates and eligibility requirements for the **Parish's 2024 Sacramental Program** are published in our parish bulletin & on our website - [www.sacredheartwestmead.com.au](http://www.sacredheartwestmead.com.au)

### Confirmation Program

From 4 August      Group sessions start for 4 weeks  
*(attendance required at assigned 4 sessions)*

Tuesday 10 September      Confirmation Mass at 7pm      *(attendance required)*



### Fr Walter extended leave

Due to hospitalisation & surgery in June, Fr Walter will not be returning to active ministry until 2 September. Fr John will finish his time with us on the weekend of 17/18 August.

### There will be no Daily Parish Mass from August 19 - August 31.

Weekend parish Mass will be held as usual, with visiting priests.



### Farewell & God's Blessings

Sacred Heart Westmead would like to extend our gratitude to Fr John for his dedication to our parish community over the past six months. His guidance and support have touched the lives of many, and his service to our parish family is deeply appreciated. He takes with him our heartfelt thanks, love and prayers. We wish him every blessing as he embarks upon the next path in his journey.



The **Bishop's Father's Day Appeal for Retired & Sick Priests** will be held the weekend of **31 August / 1 September 4**. This annual appeal raises much needed funds for the Diocesan Clergy Support Foundation to continue its work of supporting retired clergy and those in ill-health. Please give generously to the Bishop's Father's Day Appeal via the church envelopes or online at [parracatholic.org/fathersdayappeal](http://parracatholic.org/fathersdayappeal)



**New 'Tap & Go'** devices have been installed in our church. To make a preset donation, select from either \$5, \$10 or \$20, or enter the amount of your choice. Then tap your card on the contactless logo to complete.



*We thank you  
for your support of  
Sacred Heart Parish Westmead*



## WEEK 4 ROSTERS—WEEKEND MASS

*Please notify Fr John you are in attendance*

### EMoE - 24 / 25 August

6:00pm: A. Enriquez  
8:00am: T. Vo  
9:30am: J. Macaraeg

### Readers - 24 / 25 August

6:00pm: M. Chalhoud / F. Braganza  
8:00am: C. Burke / S. Turaka  
9:30am: M. Kastoun / J. Paul

### Junior Altar Servers - 24 / 25 August

6:00pm: M. Liew / J. Braganza  
8:00am: J. Kingston  
9:30am: J. Benedict

### Senior Altar Servers - 24 / 25 August

6:00pm: C. San Juan  
8:00am: L. Burke  
9:30am: F. Benedict

*If you are unable to attend your rostered date, please arrange a swap with another minister.*

### Expression of Interest:

#### Sacred Heart Westmead Catechists

Are you interested in joining our parish Catechist team? We are looking for new volunteers to this vital & rewarding ministry. Only half an hour on each Thursday during school terms. Please contact Laura Eid: [lauraeid1955@icloud.com](mailto:lauraeid1955@icloud.com)



### The Good News *(excerpt from CathNews)*

The baths at the Marian shrine of Our Lady of Lourdes in France have fully reopened this week for the first time in 4 years for France's 151st national pilgrimage for the Assumption of the Blessed Virgin Mary. The immersion pools at Lourdes have been closed since 2020 due first to the pandemic and later to renovation work. During the closure, pilgrims were invited to participate in a 'water gesture' by washing their face, hands, and forearms with holy water from the miraculous spring. Fr Sébastien Anthony, president of the pilgrimage said the return of full immersion in the sacred water has been welcomed by thousands of pilgrims. "Our teams have mobilised to make this possible so that we can welcome the sick and pilgrims with dignity." The sanctuary is one of the most visited religious shrines in the world, attracting more than 5million visitors each year. It marks the site where a young St Bernadette witnessed 18 Marian apparitions, beginning on February 11, 1858. During the 9th apparition, the Blessed Virgin Mary told Bernadette: "Go and drink at the spring and wash yourself there." The miraculous spring that appeared after Bernadette humbly dug in the dirt with her hands resulted in the healing of a woman in the presence of more than 1500 people. Since then, doctors on the International Medical Committee of Lourdes have certified 70 medical cures from the spring as being "unexplained on the basis of current medical knowledge."

### NEXT SUNDAY'S READINGS: 24 / 25 AUGUST

21ST SUNDAY IN ORDINARY TIME  
1ST READING: JOSH 24:1-2, 15-18  
2ND READING: EPH 5:21-32  
GOSPEL: JN 6:60-69

