



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

First Sunday of Advent

30 November - 1 December 2024

ENTRANCE ANTIPHON

Ps 24:1-3

*To you, I lift up my soul, O my God.
In you, I have trusted;
let me not be put to shame.
Nor let my enemies exult over me;
and let none who hope in you
be put to shame.*



FIRST READING

JER 33:14-16

See, the days are coming – it is the Lord who speaks – when I am going to fulfil the promise I made to the House of Israel and the House of Judah: 'In those days and at that time, I will make a virtuous Branch grow for David, who shall practise honesty and integrity in the land. In those days Judah shall be saved and Israel shall dwell in confidence. And this is the name the city will be called: The Lord-our-integrity.'

RESPONSORIAL PSALM

Ps 24:4-5, 8-9, 10, 14. R.v.1

R. To you, O Lord, I life my soul.

1. Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:
for you are God my saviour.

R.

2. The Lord is good and upright.

He shows the path to those who stray,
he guides the humble in the right path;
he teaches his way to the poor.

R.

3. His ways are faithfulness and love
for those who keep his covenant and will.

The Lord's friendship
is for those who revere him;
to them he reveals his covenant.

R.

SECOND READING

1 THESS 3:12—4:2

May the Lord be generous in increasing your love and make you love one another and the whole human race as much as we love you. And may he so confirm your hearts in holiness that you may be blameless in the sight of our God and Father when our Lord Jesus Christ comes with all his saints. Finally, brothers, we urge you and appeal to you in the Lord Jesus to make more and more progress in the kind of life that you are meant to live: the life that God wants, as you learnt from us, and as you are already living it. You have not forgotten the instructions we gave you on the authority of the Lord Jesus.

GOSPEL ACCLAMATION

Ps 84:8

Alleluia, alleluia!

**Lord, show us your mercy and love,
and grant us your salvation. Alleluia!**

GOSPEL

LK 21:25-28, 34-36

Jesus said to his disciples: 'There will be signs in the sun and moon and stars; on earth nations in agony, bewildered by the clamour of the ocean and its waves; men dying of fear as they await what menaces the world, for the powers of heaven will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand erect, hold your heads high, because your liberation is near at hand. 'Watch yourselves, or your hearts will be coarsened with debauchery and drunkenness and the cares of life, and that day will be sprung on you suddenly, like a trap. For it will come down on every living man on the face of the earth. Stay awake, praying at all times for the strength to survive all that is going to happen, and to stand with confidence before the Son of Man.'

COMMUNION ANTIPHON

Ps 84:13



PARISH CONTACTS

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www.sacredheartwestmead.com.au
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Parish Priest

Rev Fr Walter Fogarty PP
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Parish Administrator

Virginia Knight
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Sacramental Coordinator

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Parish Primary Schools:

Sacred Heart Primary
Telephone: 8633 4500 Fax 9893 7415
Principal: Natalie Mifsud
Assistant Principal: Jodie Smith
Mother Teresa Primary
Telephone: 8841 2600 Fax 9687 5893
Principal: Elizabeth Devlin
Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI
Tel: (02) 8890 6037; Pager: 8512

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)
Sunday: 8:00am & 9:30am
Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

30 Nov / 1 December	First Sunday of Advent	
3 December	St Francis Xavier	Memorial
7 December	St Ambrose	Memorial
7 / 8 December	Second Sunday of Advent	
16 - 24 December	Dawn Parish Mass	5.30am
	<i>(no 9am Daily Parish Mass during this novena)</i>	
4 & 11 December	No 9am Daily Parish Mass	
24 December - 3 January	Parish Office Closed	

ANNOUNCEMENTS

The parish office will be closed for Christmas from 24 December 2024 - 3 January 2025 and operate on reduced hours during January 2025. For matters of importance during this time email: office@sacredheartwestmead.com.au or telephone: 9635 9262 to leave a message.

At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2025.



CHRISTMAS MASS PROGRAM

Dawn Masses	December 16 - 24	5.30am
	<i>(no 9am Mass during this period)</i>	
Christmas Eve, Dec 24	Mass with Nativity	6pm
	Midnight Mass	12am
Christmas Day, Dec 25	Christmas Day Masses	8am & 9.30am
New Years Day, Jan 1	New Year's Day Mass	9am



We are looking for volunteers for Christmas Mass Altar Servers, EMoE, Musicians & Readers

Please complete the sign – up sheets in the church to volunteer to assist at mass this Christmas.



No 9am Daily Parish Mass
Wednesday, 4 December
Wednesday, 11 December — due to school Masses.
& 16 to 24 December — due to 5.30am Novena

Dates and eligibility requirements for the **Parish's 2025 Sacramental Program** will be published in our parish bulletin & on our website early in the New Year - www.sacredheartwestmead.com.au. Enrolment Forms will be available:

Eucharist - March 2025 Confirmation - June 2025 Penance - September 2025

Bishop's Christmas Appeal 30 November / 1 December

Your gift to Parramatta Catholic Foundation will raise funds to support **CatholicCare's Houses to Homes**, providing transitional housing & essential support services for young pregnant & parenting women, who are homeless or at risk. Donate to the Bishop's Christmas Appeal via envelopes in the church or online (specifying Westmead as your parish) at: parracatholic.org/appeal



St Vincent de Paul - Christmas Tree

Parishioners can support the work of SVDP by choosing a coupon and donating suitable gifts, or non perishable grocery items for hampers.

To reach those in need by Christmas packaging & delivery of hampers will take place by SVDP volunteers on the weekend of **14/15 December**

- and all donations **must please** be left under the tree by the **morning of 15 December**

The parish office cannot distribute late hamper donations or gifts.



WEEK 2 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 7 / 8 December

6:00pm: O. Nagel
 8.00am: P. Vo
 9:30am: M. D'Souza

Readers - 7 / 8 December

6:00pm: A. Pinto / A. Pinto
 8.00am: L. Eid / V. Kastoun
 9.30am: A. Sutanto / J. D'Souza

Junior Altar Servers - 7 / 8 December

6:00pm: A. Esterado / M. San Juan
 8.00am: L. Burke
 9.30am: L. Vicente

Senior Altar Servers - 7 / 8 December

6:00pm: J. Nagel
 8.00am: J. Chandran
 9.30am: G. Vicente

If you are unable to attend your rostered date, please arrange a swap with another minister.

BLESSING OF THE ADVENT WREATH



Celebrant: O God, by whose word all things are sanctified, send your blessing upon this wreath and grant that we who gather around it may prepare our hearts for the Coming of Christ, and may receive from you abundant graces. Through Christ Our Lord.

All: Amen.

(Light first violet candle, representing HOPE)

Leader: May the wreath's circle of green leaves which has no beginning and no end, be a sign for us of our place in eternal time and of God's never ending love for us.

All: Come Lord Jesus.

Leader: As we light these candles each week, may our hearts be stirred with hope and expectations at the coming of Jesus.

All: Come Lord Jesus.

Leader: May Jesus find us awake and watchful, praying at all times, our lives marked by deeds of love, justice and mercy.

All: Come Lord Jesus.

Celebrant:

God of integrity and hope, our hearts desire the warmth of your love and our minds are searching for the light of your Word. Increase our longing for Christ our Saviour and give us the strength to grow in love, that the dawn of his coming may find us rejoicing in his presence and welcoming the light of his truth. We make this prayer in his name and through the power of the Holy Spirit.

All: Amen

NEXT SUNDAY'S READINGS: 7/8 DECEMBER

SECOND SUNDAY OF ADVENT

1ST READING: BAR 5:1-9
 2ND READING: PHIL 1:4-6, 8-11
 GOSPEL: LK 3:1-6

