



# Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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*'The sacred heart of Jesus is an open heart...'* St Teresa of Kolkata

Third Sunday of Advent

14 - 15 December 2024

## ENTRANCE ANTIPHON

*Rejoice in the Lord always;  
again I say, rejoice.  
Indeed, the Lord is near.*

## FIRST READING

ZEPH 3:14-18

Shout for joy, daughter of Zion, Israel, shout aloud! Rejoice, exult with all your heart, daughter of Jerusalem!  
The Lord has repealed your sentence; he has driven your enemies away. The Lord, the king of Israel, is in your midst; you have no more evil to fear. When that day comes, word will come to Jerusalem: Zion, have no fear, do not let your hands fall limp. The Lord your God is in your midst, a victorious warrior. He will exult with joy over you, he will renew you by his love; he will dance with shouts of joy for you as on a day of festival.

## RESPONSORIAL PSALM

Is 12:2-6. R.v.6

**R. Cry out with joy and gladness:  
for among you is the great  
and Holy One of Israel.**

1. Truly, God is my salvation,  
I trust, I shall not fear.  
For the Lord is my strength, my song,  
he became my saviour.  
With joy you will draw water  
from the wells of salvation.
2. Give thanks to the Lord,  
give praise to his name!  
Make his mighty deeds  
known to the peoples!  
Declare the greatness of his name.
3. Sing a psalm to the Lord  
for he has done glorious deeds,  
make them known to all the earth!  
People of Zion, sing and shout for joy  
for great in your midst  
is the Holy One of Israel.

## SECOND READING

PHIL 4:4-7

I want you to be happy, always happy in the Lord; I repeat, what I want is your happiness. Let your tolerance be evident to everyone: the Lord is very near. There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus.

## PHIL 4:4-5 GOSPEL ACCLAMATION

Is 61:1 (Lk 4:18)

*Alleluia, alleluia!  
The Spirit of the Lord is upon me;  
he sent me to bring Good News  
to the poor. Alleluia!*

## GOSPEL

Lk 3:11-18

When all the people asked John, 'What must we do?' he answered, 'If anyone has two tunics he must share with the man who has none, and the one with something to eat must do the same.' There were tax collectors too who came for baptism, and these said to him, 'Master, what must we do?' He said to them, 'Exact no more than your rate.' Some soldiers asked him in their turn, 'What about us? What must we do?' He said to them, 'No intimidation! No extortion! Be content with your pay!' A feeling of expectancy had grown among the people, who were beginning to think that John might be the Christ, so John declared before them all, 'I baptise you with water, but someone is coming, someone who is more powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand to clear his threshing-floor and to gather the wheat into his barn; but the chaff he will burn in a fire that will never go out.'

**R.** As well as this, there were many other things he said to exhort the people and to announce the Good News to them.

## COMMUNION ANTIPHON

Is 35:4

**R. Say to the faint of heart:  
Be strong and do not fear.  
Behold, our God will come,  
and he will save us.**



## PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au  
www.facebook.com/Sacred-Heart-Westmead

### Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

### Parish Administrator

Virginia Knight

Tuesday - Thursday: 10am - 4pm

Email: office@

sacredheartwestmead.com.au

### Sacramental Coordinator

Anne Monahan

Friday: 10am - 4pm

Email: sacraments@

sacredheartwestmead.com.au

### Parish Primary Schools:

#### Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

#### Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Elizabeth Devlin

Assistant Principal: Katherine Stennett

### Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

### MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

### RECONCILIATION

Saturday: 5:00pm to 5:30pm

### BAPTISMS

1st Sundays or by arrangement

### MARRIAGES & FUNERALS

By arrangement with the Parish Priest  
(min 6 months notice for weddings)

### ANOIDING OF THE SICK

By arrangement with the Parish Priest

*The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.*

## PARISH DIARY DATES

14 / 15 December	Third Sunday of Advent	
21 / 22 December	Fourth Sunday of Advent	
16 - 24 December	Dawn Parish Mass	5.30am
	(no 9am Daily Parish Mass during this novena)	
25 December	Christmas Day	
26 December	Boxing Day	
24 December - 3 January	Parish Office Closed	

## ANNOUNCEMENTS

The parish office will be closed for Christmas from 24 December 2024 - 3 January 2025 and operate on reduced hours during January 2025. For matters of importance during this time email: [office@sacredheartwestmead.com.au](mailto:office@sacredheartwestmead.com.au) or telephone: 9635 9262 to leave a message.

At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2025.



## CHRISTMAS MASS PROGRAM

<b>Dawn Masses</b>	<b>December 16 - 24</b>	<b>5.30am</b>
	(no 9am Mass during this period)	
<b>Christmas Eve, Dec 24</b>	<b>Mass with Nativity</b>	<b>6pm</b>
	<b>Midnight Mass</b>	<b>12am</b>
<b>Christmas Day, Dec 25</b>	<b>Christmas Day Masses</b>	<b>8am &amp; 9.30am</b>
<b>New Years Day, Jan 1</b>	<b>New Year's Day Mass</b>	<b>9am</b>



**We are looking for volunteers for Christmas Mass Altar Servers, EMoE, Musicians & Readers**

Please complete the sign – up sheets in the church to volunteer to assist at mass this Christmas.



Dates and eligibility requirements for the **Parish's 2025 Sacramental Program** will be published in our parish bulletin & on our website early in the New Year - [www.sacredheartwestmead.com.au](http://www.sacredheartwestmead.com.au). Enrolment Forms will be available:

**Eucharist - March 2025    Confirmation - June 2025    Penance - September 2025**

### St Vincent de Paul Society Appeal

The SVDP Annual Christmas Appeal will be held as a retiring collection this weekend of 14 / 15 December. Your support will allow the SVDP volunteers to provide immediate assistance and offer friendship during a time of the year that causes a great deal of stress and strain, as this Christmas, many families are once again facing mounting costs of living and are facing eviction. Your donation will make a difference to their Christmas story, so please give kindly.



St Vincent de Paul Society  
good works

### St Vincent de Paul - Christmas Tree

Parishioners can support the work of SVDP by choosing a coupon and donating suitable gifts, or non perishable grocery items for hampers.

To reach those in need by Christmas packaging & delivery of hampers will take place by SVDP volunteers on the weekend of **14/15 December**

- and all donations **must please** be left under the tree by the **morning of 15 December**

The parish office is unable to distribute late hamper donations or gifts.



## WEEK 4 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

**EMoE - 21 / 22 December**

6:00pm: A. Enriquez

8:00am: T. Vo

9:30am: J. Macaraeg

**Readers - 21 / 22 December**

6:00pm: M. Chalhoud / F. Braganza

8:00am: C. Burke / S. Turaka

9:30am: M. Kastoun / J. Paul

**Junior Altar Servers - 21 / 22 December**

6:00pm: M. Liew / J. Braganza

8:00am: J. Kingston

9:30am: J. Benedict

**Senior Altar Servers - 21 / 22 December**

6:00pm: C. San Juan

8:00am: L. Burke

9:30am: F. Benedict

If you are unable to attend your rostered date, please arrange a swap with another minister.

## BLESSING OF THE ADVENT WREATH



### Celebrant:

On this third Sunday of Advent we light on our Advent wreath the rose coloured candle, the candle of rejoicing. Let us pray that God will fill us with a sense of joy, peace and rejoicing as we await the coming of Jesus.

**Leader:** Shout for you, all you peoples of the earth!

**All: The Lord is coming!**

**Leader:** Rejoice and exult with all your heart!

**All: The Lord is very near!**

**Leader:** Have no fear, hold firm and take heart.

**All: Hope in the Lord!**

(The rose coloured candle, representing joy, is lit.)

### Celebrant:

God of eternal rejoicing, you are ever faithful to your promises and ever close to your church: the earth rejoices in hope of the Saviour's coming again and looks forward with longing to his return at the end of time. Prepare our hearts and remove any sadness that hinders us from feeling the joy which his coming will bring, for he is Lord for ever and ever.

**All: Amen**

## NEXT SUNDAY'S READINGS: 21/22 DECEMBER

FOURTH SUNDAY OF ADVENT

1ST READING: MICAH 5:1-4

2ND READING: HEB 10:5-10

GOSPEL: LK 1:39-44

