



Westmead Catholic Community **PARISH HEARTBEATS**

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

5th Sunday in Ordinary Time

8 - 9 February 2025

ENTRANCE ANTIPHON

Ps 94:6-7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

FIRST READING

Is 6:1-8

In the year of King Uzziah's death I saw the Lord seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings. And they cried out to one another in this way, 'Holy, holy, holy is the Lord of hosts. His glory fills the whole earth.' The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said: 'What a wretched state I am in! I am lost, for I am a man of unclean lips and I live among a people of unclean lips, and my eyes have looked at the King, the Lord of hosts.' Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said: 'See now, this has touched your lips, your sin is taken away, your iniquity is purged.' Then I heard the voice of the Lord saying: 'Whom shall I send? Who will be our messenger?' I answered, 'Here I am, send me.'

RESPONSORIAL PSALM

Ps 137:1-5. 7-8. R.v.1

R. In the sight of angels

I will sing your praises, Lord.

1. I thank you, Lord, with all my heart, you have heard the words of my mouth. Before the angels I will bless you. I will adore before your holy temple. **R.**
2. I thank you for your faithfulness and love which excel all we ever knew of you. On the day I called, you answered; you increased the strength of my soul. **R.**
3. All earth's kings shall thank you when they hear the words of your mouth. They shall sing of the Lord's ways; 'How great is the glory of the Lord!' **R.**
4. You stretch out your hand and save me, your hand will do all things for me. Your love, O Lord, is eternal, discard not the work of your hands. **R.**

SECOND READING

1 COR 15:1-11

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established; because the gospel will save you only if you keep believing exactly what I preached to you – believing anything else will not lead to anything. Well then, in the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures;

that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it. I am the least of the apostles; in fact, since I persecuted the Church of God, I hardly deserve the name apostle; but by God's grace that is what I am, and the grace that he gave me has not been fruitless. On the contrary, I, or rather the grace of God that is with me, have worked harder than any of the others; but what matters is that I preach what they preach, and this is what you all believed.

GOSPEL ACCLAMATION

Mt 4:19

Alleluia, alleluia! Come follow me, says the Lord, and I will make you fishers of my people. Alleluia!



GOSPEL

Lk 5:1-11

Jesus was standing one day by the lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon's – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point. When Simon Peter saw this he fell at the knees of Jesus saying, 'Leave me Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.

COMMUNION ANTIPHON

Ps 106:8-9

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

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Parish Administrator

Virginia Knight

Tuesday - Thursday: 10am - 4pm

Email: office@

sacredheartwestmead.com.au

Sacramental Coordinator

Anne Monahan

Friday: 10am - 4pm

Email: sacraments@

sacredheartwestmead.com.au

Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

8 / 9 February	5th Sunday in Ordinary Time	
10 February	Opening School Mass (all welcome)	9am
10 February	St Scholastica;	14 February Sts Cyril & Methodius Memorial/s
16 / 17 February	6th Sunday in Ordinary Time	
23 February	Tamil Mass	5.30pm
5 March	Ash Wednesday Mass	9am, 7pm
17 - 21 February	No 9am Daily Parish Mass	

ANNOUNCEMENTS

Grant Eternal Rest to the recently deceased and those we remember at this time . . .



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2025.

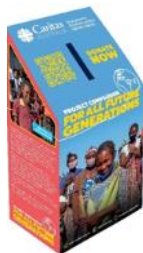


Dates and eligibility requirements for the **Parish's 2025 Sacramental Program** will be published in our parish bulletin & are listed on our website - www.sacredheartwestmead.com.au.

First Eucharist Program

15/16 March - 26/27 April	Enrolment forms available at weekend Masses
3/4 May	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)
13 May	Parent Meeting 7pm
14 May	Groups start for 4 weeks
15 & 22 June	First Eucharist Masses 11am

Please take home a **Project Compassion box** to support Caritas Australia this Lenten season and help assist vulnerable people around the world face their challenges today and build a better tomorrow for all future generations. Donate through Project Compassion boxes or by visiting lent.caritas.org.au



Due to School Mass on Wednesday 12 February there will be no 9am daily morning mass.



Fr Walter will be on leave from 17 - 21 February daily masses are cancelled, weekend masses as usual.



Due to staff leave the parish office will be closed on Thursdays & Fridays from February 13-28. For matters of importance during this time email: office@sacredheartwestmead.com.au or phone: 9635 9262 to leave a message.

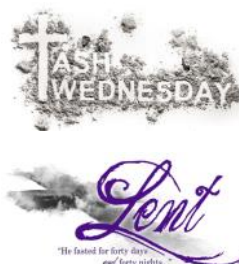


Ash Wednesday: 5 March

Masses will be held celebrating Ash Wednesday at local Churches and Mass centres. Ash Wednesday is a day of fast & abstinence and marks the start of Lent. Sacred Heart Westmead. 9am & 7pm

Stations of the Cross

Stations of the Cross will be held in the Church, every Friday at 7pm during Lent.



40 Days - 40 Activities GIVING

- 40 caring letters written
- 40 catch-up phone calls
- 40 earth care activities
- 40 volunteering activities
- 40 more acts of kindness
- 40 more positive actions

FASTING

- 40 days less screen time
- 40 less impulse spends
- 40 less negative actions

PRAYING

- 40 prayer intentions
- 40 prayers of thanks



WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 15 / 16 February

6:00pm: S. Sutherland
8.00am: J. Nealon
9:30am: M. Kastoun

Readers - 15 / 16 February

6:00pm: *volunteer required* / F. Cadeaux
8.00am M. Schinella / V. Kastoun
9.30am: P. Alexander / J. Macaraeg

Junior Altar Servers - 15 / 16 February

6:00pm: C. Cristobal / M. San Juan
8.00am: *volunteer required*
9.30am: G. Vicente / A. Biju / A. Biju

Senior Altar Servers - 15 / 16 February

6:00pm: C. San Juan
8.00am: A. Dave
9.30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you for your support of Sacred Heart Westmead



The Good News

(excerpt from CathNews)

What Brisbane Archdiocese's new vicar general Fr Peter Dillon enjoyed most about his days presenting a talk-back radio segment in the 1990s was the unexpected. People from all walks of life called in and he never quite knew what they were going to talk to him about or which direction the conversation might go. It gave him a healthy appetite for the unexpected and prepared him well for his new role as VG. Fr Dillon, 46 years a priest, said the great thing about the Church today was how many skilled operators and experts he had to call upon in any field. When he faced a difficult topic, unlike on radio, he was not alone on the air. He said his job as a decision-maker was not to know everything; he just needed to know who to talk to for a trusted opinion. He said the level of professionalism and expertise in the Church was only available because of the increased involvement of the laity. It meant when he made a decision, he did so with strong backing and advice, and that gave him confidence. "I have the job that Jesus never mentioned," he said with a laugh. "I suspect that there were some people preparing meals for him, shopping for sandals, etc. I think that there were people working beside him making sure that things are in place for him to do His work. He worked as a team, not in isolation." He sees a future for the Church where the laity forms the core, fulfilling certain roles of the Church, freeing clergy "to do what they were ordained to do". "I think that's probably what Jesus might have had in mind."

NEXT SUNDAY'S READINGS: 16 / 17 FEBRUARY

6TH SUNDAY IN ORDINARY TIME

1ST READING: JER 17:5-8

2ND READING: 1 COR 15:12, 16-20

GOSPEL: LK 6:17, 20-26

