



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

Email Address: office@sacredheartwestmead.com.au Website: www.sacredheartwestmead.com.au

'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

First Sunday of Lent

8 - 9 March 2025

ENTRANCE ANTIPHON

Ps 90:15-16

**When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.**

FIRST READING

DEUT 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement: "My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

RESPONSORIAL PSALM

Ps 90:1-2. 10-15. R.v.15

R. Be with me, Lord, when I am in trouble.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' **R.**
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. **R.**
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. **R.**
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory. **R.**

SECOND READING

ROM 10:8-13

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God

raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

GOSPEL ACCLAMATION

MT 4:4

**Praise to you, Lord Jesus Christ,
king of endless glory!**

**No one lives on bread alone,
but on every word that comes
from the mouth of God.**

**Praise to you, Lord Jesus Christ,
king of endless glory!**

GOSPEL

LK 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.' Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

COMMUNION ANTIPHON

MT 4:4

**One does not live by bread alone,
but by every word that comes forth
from the mouth of God.**

PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

Parish Administrator

Virginia Knight (Tuesday - Thursday)

Email: office

@sacredheartwestmead.com.au

Sacramental Coordinator

Anne Monahan (Friday)

Email: sacraments

@sacredheartwestmead.com.au

Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 3pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

8 / 9 March	First Sunday of Lent	
15 / 16 March	Second Sunday of Lent	
30 March	Tamil Mass	5.30pm
15/16 Mar - 26/27 Apr	First Eucharist Enrolment forms available at weekend masses	

ANNOUNCEMENTS

Dates and eligibility requirements for the **Parish's 2025 Sacramental Program** will be published in our parish bulletin & are listed on our website - www.sacredheartwestmead.com.au.

First Eucharist Program

15/16 March - 26/27 April	Enrolment forms available at weekend Masses	
3/4 May	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)	
13 May	Parent Meeting	7pm
14 May	Groups start for 4 weeks	
15 & 22 June	First Eucharist Masses	11am

HOLY WEEK & EASTER PROGRAM

Passion/ Palm Sunday	April 12/13 Mass	6pm, 8am, 9.30am
	(with Blessing of Palms & Procession)	
Monday of Holy Week	April 14 Mass	9am
Tuesday of Holy Week	April 15 Mass	9am
Wednesday of Holy Week	April 16 Mass	9am
Thursday of Lord's Supper	April 17	
	Mass of the Lord's Supper	7pm
	Solemn Reservation until 10pm	
Friday of Passion of Lord	April 18	
	Way of the Cross	10am
	Individual Reconciliation	
	(immediately after 'Way of the Cross')	
	Celebration of the Lord's Passion	3pm
Holy Saturday	April 19	
	Easter Vigil (including Lucernarium)	7pm
Sunday of the Resurrection	April 20	8am, 9.30am

Stations of the Cross

Stations of the Cross will be held in the Church, every Friday at 7pm during Lent.



Grant Eternal Rest to the recently deceased and those we remember at this time . . .



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2025.



40 Days – 40 Activities GIVING

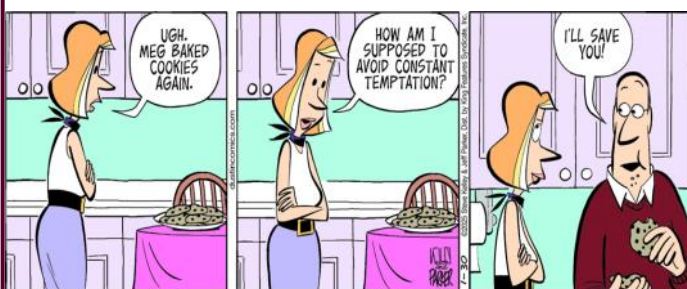
40 caring letters written
40 catch-up phone calls
40 earth care activities
40 volunteering activities
40 more acts of kindness
40 more positive actions

FASTING

40 days less screen time
40 less impulse spends
40 less negative actions

PRAYING

40 prayer intentions
40 prayers of thanks



WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 15 / 16 March

6:00pm: S. Sutherland

8:00am: J. Nealon

9:30am: M. Kastoun

Readers - 15 / 16 March

6:00pm: F. Cadeaux / R. Tuason San Juan

8:00am V. Kastoun / M. Schinella

9:30am: J. Macaraeg / P. Alexander

Junior Altar Servers - 15 / 16 March

6:00pm: C. Cristobal / M. San Juan

8:00am: *volunteer required*

9:30am: G. Vicente / A. Biju / A. Biju

Senior Altar Servers - 15 / 16 March

6:00pm: C. San Juan

8:00am: A. Dave

9:30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



The Good News

(excerpt from CathNews)

Catholics are being invited to reflect on the importance of art and artists, as the Church marks the *Jubilee of Artists*, just one of dozens of major events under the banner of the Jubilee year, which has the theme "Pilgrims of Hope." As part of the celebrations, the National Liturgical Architecture & Art Council – has issued an "Invitation to Artists". The document appeals to artists to take inspiration from God to "offer us the possibility of entering more deeply into the meaning and purpose of all that exists". The document states - "Yes, art and artists can make a difference! The transformations wrought by artists begin with the material world. Clay becomes a ceramic. Stone becomes a sculpture. Pigment becomes a painting. Sound becomes a song. But the artist does more than engage with the material world. Your work changes our perspective, our way of seeing the world." Toowoomba Bishop Ken Howell, reflected, "Art is at its best when it is prophetic and brings inspiration. We should be harnessing the gifts and insights of our artists in our worshipping communities, to better lead people to praise and worship God."

Iconographer Sue Orchison said, "In many ways, art can play a part in helping to break open the Word as each artist brings colour and beauty to the visual encounter. Works of art provoke conversation, and provide a space for meditation, a place to stop and ponder, to ask a question or just to sit and soak in the peace."

NEXT SUNDAY'S READINGS: 15 / 16 MARCH

SECOND SUNDAY OF LENT

1ST READING: GEN 15:5-12, 17-18

2ND READING: PHIL 3:17—4:1

GOSPEL: LK 9:28-36

