



# Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

Email Address: office@sacredheartwestmead.com.au Website: www.sacredheartwestmead.com.au

*'The sacred heart of Jesus is an open heart...'* St Teresa of Kolkata

Third Sunday of Lent

22 - 23 March 2025

## ENTRANCE ANTIPHON

Ps 24:15-16

*My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.*

## FIRST READING

Ex 3:1-8, 13-15

Moses was looking after the flock of Jethro, his father-in-law, priest of Midian. He led his flock to the far side of the wilderness and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in the shape of a flame of fire, coming from the middle of a bush. Moses looked; there was the bush blazing but it was not being burnt up. 'I must go and look at this strange sight,' Moses said, 'and see why the bush is not burnt.' Now the Lord saw him go forward to look, and God called to him from the middle of the bush. 'Moses, Moses!' he said. 'Here I am' he answered. 'Come no nearer' he said. 'Take off your shoes, for the place on which you stand is holy ground. I am the God of your father,' he said 'the God of Abraham, the God of Isaac and the God of Jacob.' At this Moses covered his face, afraid to look at God. And the Lord said, 'I have seen the miserable state of my people in Egypt. I have heard their appeal to be free of their slave-drivers. Yes, I am well aware of their sufferings. I mean to deliver them out of the hands of the Egyptians and bring them up out of that land to a land rich and broad, a land where milk and honey flow.' Then Moses said to God, 'I am to go, then, to the sons of Israel and say to them, "The God of your fathers has sent me to you." But if they ask me what his name is, what am I to tell them?' And God said to Moses, 'I Am who I Am. This' he added 'is what you must say to the sons of Israel: "The Lord, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for all time; by this name I shall be invoked for all generations to come.'

## RESPONSORIAL PSALM

Ps 102:1-4, 6-8, 11. R.v.8

**R. The Lord is kind and merciful.**

1. My soul, give thanks to the Lord,  
all my being, bless his holy name.  
My soul give thanks to the Lord  
and never forget all his blessings.
2. It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you  
with love and compassion.
3. The Lord does deeds of justice,  
gives judgement for all who are oppressed.  
He made known his ways to Moses  
and his deeds to Israel's sons.

R.

R.

R.

4. The Lord is compassion and love,  
slow to anger and rich in mercy.  
For as the heavens are high above the earth  
so strong is his love  
for those who fear him.

R.

## SECOND READING

1 COR 10:1-6, 10-12

I want to remind you how our fathers were all guided by a cloud above them and how they all passed through the sea. They were all baptised into Moses in this cloud and in this sea; all ate the same spiritual food and all drank the same spiritual drink, since they all drank from the spiritual rock that followed them as they went, and that rock was Christ. In spite of this, most of them failed to please God and their corpses littered the desert. These things all happened as warnings for us, not to have the wicked lusts for forbidden things that they had. You must never complain: some of them did, and they were killed by the Destroyer. All this happened to them as a warning and it was written down to be a lesson for us who are living at the end of the age. The man who thinks he is safe must be careful that he does not fall.

## GOSPEL ACCLAMATION

Mt 4:17

**Glory to you, Word of God, Lord Jesus Christ!  
Repent, says the Lord;  
the kingdom of heaven is at hand.  
Glory to you, Word of God, Lord Jesus Christ!**

## GOSPEL

Lk 13:1-9

Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, 'Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you. No; but unless you repent you will all perish as they did.' He told this parable: 'A man had a fig tree planted in his vineyard, and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."

## COMMUNION ANTIPHON

JN 4:13-14

**For anyone who drinks it, says the Lord,  
the water I shall give will become in him  
a spring welling up to eternal life.**

## PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au  
www.facebook.com/Sacred-Heart-Westmead

### Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

### Parish Administrator

Virginia Knight (Tuesday - Thursday)

Email: office

@sacredheartwestmead.com.au

### Sacramental Coordinator

Anne Monahan (Friday)

Email: sacraments

@sacredheartwestmead.com.au

### Parish Primary Schools:

#### Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

#### Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

### Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

### PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 3pm

### MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

### RECONCILIATION

Saturday: 5:00pm to 5:30pm

### BAPTISMS

1st Sundays or by arrangement

### MARRIAGES & FUNERALS

By arrangement with the Parish Priest

(min 6 months notice for weddings)

### ANOINTING OF THE SICK

By arrangement with the Parish Priest

*The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.*

## PARISH DIARY DATES

<b>22 / 23 March</b>	<b>Third Sunday of Lent</b>	
<b>25 March</b>	<b>Annunciation of the Lord</b>	<b>Solemnity</b>
<b>29 / 30 March</b>	<b>Fourth Sunday of Lent</b>	
<b>30 March</b>	<b>Tamil Mass</b>	<b>5.30pm</b>
<b>24 - 29 March</b>	<b>No 9am Daily Parish Mass</b>	
15/16 Mar - 26/27 Apr	First Eucharist Enrolment forms available at weekend masses	

## ANNOUNCEMENTS

Dates and eligibility requirements for the **Parish's 2025 Sacramental Program** will be published in our parish bulletin & are listed on our website - [www.sacredheartwestmead.com.au](http://www.sacredheartwestmead.com.au).

### First Eucharist Program

15/16 March - 26/27 April	Enrolment forms available at weekend Masses	
3/4 May	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)	
13 May	Parent Meeting	7pm
14 May	Groups start for 4 weeks	
15 & 22 June	First Eucharist Masses	11am

## HOLY WEEK & EASTER PROGRAM

<b>Passion/ Palm Sunday</b>	<b>April 12/13 Mass 6pm, 8am, 9.30am</b> <i>(with Blessing of Palms &amp; Procession)</i>	
<b>Monday of Holy Week</b>	<b>April 14 Mass</b>	<b>9am</b>
<b>Tuesday of Holy Week</b>	<b>April 15 Mass</b>	<b>9am</b>
<b>Wednesday of Holy Week</b>	<b>April 16 Mass</b>	<b>9am</b>
<b>Thursday of Lord's Supper</b>	<b>April 17</b>	
	<b>Mass of the Lord's Supper</b>	<b>7pm</b>
	<b>Solemn Reservation until 10pm</b>	
<b>Friday of Passion of Lord</b>	<b>April 18</b>	
	<b>Way of the Cross</b>	<b>10am</b>
	<b>Celebration of the Lord's Passion</b>	<b>3pm</b>
<b>Holy Saturday</b>	<b>April 19</b>	
	<b>Easter Vigil (including Lucernarium)</b>	<b>7pm</b>
<b>Sunday of the Resurrection</b>	<b>April 20</b>	<b>8am, 9.30am</b>

### Stations of the Cross

Stations of the Cross will be held in the Church, every Friday at 7pm during Lent. **No Stations on Friday 28 March 2025**

### 40 Days – 40 Activities GIVING

- 40 caring letters written
  - 40 catch-up phone calls
  - 40 earth care activities
  - 40 volunteering activities
  - 40 more acts of kindness
  - 40 more positive actions
- ### FASTING
- 40 days less screen time
  - 40 less impulse spends
  - 40 less negative actions
- ### PRAYING
- 40 prayer intentions
  - 40 prayers of thanks

At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office



**Fr Walter will be away for one week from 24 March to 31 March 2025.**

**Daily Parish Masses will be cancelled during this period. Weekend Parish Masses will be held as usual.**



### Bishop's Good Samaritan Appeal 29 / 30 March 2025 – giving hope to those suffering in our prisons & hospitals

Please donate to the Bishop's Good Samaritan Appeal via envelopes in the church or online (specifying Westmead as your parish) at: [parracatholic.org/appeal](http://parracatholic.org/appeal)



## WEEK 5 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

### EMoE - 29 / 30 March

6:00pm: R. Tuason San Juan  
8:00am: P. Alvares  
9:30am: F. Khouri

### Readers - 22 / 23 March

6:00pm: A. Enriquez / *volunteer required*  
8:00am: A. Priya / M. Schinella  
9:30am: G. Vicente / N. Emmanuel

### Junior Altar Servers - 22 / 23 March

6:00pm: T. Fraser / W. Fraser  
8:00am: A. Dave  
9:30am: J. Benedict / D. D'Souza

### Senior Altar Servers - 22 / 23 March

6:00pm: C. San Juan  
8:00am: D. Howse  
9:30am: F. Benedict

*If you are unable to attend your rostered date, please arrange a swap with another minister.*

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you  
for your support of  
Sacred Heart Westmead



### The Good News (excerpt from CathNews)

Recent high school and college graduates are studying some of the world's historic arts and trades at a new school run by St Peter's Basilica. The School of Arts & Crafts of the Fabbrica di San Pietro – the department that oversees maintenance, restoration, and repairs of the Vatican's papal basilica – is offering for the third year a free, six-month training course with a concentration in one of five traditional crafts: stone & marble work, bricklaying & plastering, carpentry, blacksmithing, and mosaic design. "It is important for the basilica to have this school, because it restores a tradition from the 1700s, putting it at the centre of [the basilica's] life today," the school's director, Fr Francesco Occhetta, SJ said. "Which is why, this alliance of hands, head, and heart, today, has revived something that was dying in the culture over the last 30 years. We pass on these skills to them, so that the generations, holding hands, pass on that knowledge that can be passed on only from one generation to the next." For the students, the chance to receive a hands-on education in a trade or craft in Rome was a big appeal of the school. Fr Occhetta said participants spend 600 hours learning from masters in the trades involved in the regular maintenance of St Peter's Basilica – 200 hours in a classroom and 400 hours in a lab. The Vatican basilica has already hired two of its former students as part of the Sanpietrini, the full-time St Peter's maintenance crew, and hopes to also do so in the future, whenever possible.

### NEXT SUNDAY'S READINGS: 29 / 30 MARCH

FOURTH SUNDAY OF LENT

1ST READING: JOSH 5:9-12

2ND READING: 2 COR 5:17-21

GOSPEL: LK 15:1-3, 11-32

