



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

Email Address: office@sacredheartwestmead.com.au Website: www.sacredheartwestmead.com.au

'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

First Sunday of Advent

29 - 30 November 2025

ENTRANCE ANTIPHON

*To you, I lift up my soul, O my God.
In you, I have trusted; let me not
be put to shame. Nor let my enemies
exult over me; and let none
who hope in you be put to shame.*

FIRST READING

The vision of Isaiah son of Amoz, concerning Judah and Jerusalem. In the days to come the mountain of the Temple of the Lord shall tower above the mountains and be lifted higher than the hills. All the nations will stream to it, peoples without number will come to it; and they will say: 'Come, let us go up to the mountain of the Lord, to the Temple of the God of Jacob that he may teach us his ways so that we may walk in his paths; since the Law will go out from Zion, and the oracle of the Lord from Jerusalem.' He will wield authority over the nations and adjudicate between many peoples; these will hammer their swords into ploughshares, their spears into sickles. Nation will not lift sword against nation, there will be no more training for war. O House of Jacob, come, let us walk in the light of the Lord.

RESPONSORIAL PSALM

Ps 121:1-2, 4-5, 6-9. R.v.1

**R. Let us go rejoicing
to the house of the Lord.**

1. I rejoiced when I heard them say:

'Let us go to God's house.'

And now our feet are standing
within your gates, O Jerusalem.

2. It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,

there to praise the Lord's name.

There were set the thrones of judgement
of the house of David.

3. For the peace of Jerusalem pray:

'Peace be to your homes!

May peace reign in your walls,
in your palaces, peace!'

4. For love of my brethren and friends

I say: 'Peace upon you!'

For love of the house of the Lord

I will ask for your good.

Ps 24:1-3

SECOND READING

ROM 13:11-14

You know 'the time' has come: you must wake up now: our salvation is even nearer than it was when we were converted. The night is almost over, it will be daylight soon – let us give up all the things we prefer to do under the cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime: no drunken orgies, no promiscuity or licentiousness, and no wrangling or jealousy. Let your armour be the Lord Jesus Christ.

GOSPEL ACCLAMATION

Ps 84:8

**Alleluia, alleluia!
Lord, show us your mercy and love,
and grant us your salvation. Alleluia!**

GOSPEL

Mt 24:37-44

Jesus said to his disciples: 'As it was in Noah's day, so will it be when the Son of Man comes. For in those days before the Flood people were eating, drinking, taking wives, taking husbands, right up to the day Noah went into the ark, and they suspected nothing till the Flood came and swept all away. It will be like this when the Son of Man comes. Then of two men in the fields one is taken, one left; of two women at the millstone grinding, one is taken, one left. 'So stay awake, because you do not know the day when your master is coming. You may be quite sure of this that if the householder had known at what time of the night the burglar would come, he would have stayed awake and would not have allowed anyone to break through the wall of his house. Therefore, you too must stand ready because the Son of Man is coming at an hour you do not expect.'

R.

COMMUNION ANTIPHON

Ps 84:13

**The Lord will bestow his bounty,
and our earth shall yield its increase.**

R.

R.

R.

**Stay Awake.
Stay Ready.**

PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

Parish Administrator

Virginia Knight (Tuesday - Thursday)

Email: office

@sacredheartwestmead.com.au

Sacramental Coordinator

Anne Monahan (Friday)

Email: sacraments

@sacredheartwestmead.com.au

Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Natalie Mifsud

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 3pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

29 / 30 November	First Sunday of Advent	
30 November	Tamil Mass	5.30pm
1 December	First Reconciliation Liturgy	7pm
3 December	St Francis Xavier	Memorial
6 / 7 December	Second Sunday of Advent	
16 - 24 December	Dawn Parish Mass	5.30am
	<i>(no 9am Daily Parish Mass during this novena)</i>	
3 & 13 December	No 9am Daily Parish Mass	

ANNOUNCEMENTS

Dates and eligibility requirements for the **Parish's 2026 Sacramental Program** will be published in our parish bulletin & on our website early in the New Year - www.sacredheartwestmead.com.au. Enrolment Forms will be available:

Eucharist - March 2026 Confirmation - June 2026 Penance - September 2026

The parish office will be closed for Christmas from 24 December 2025 - 2 January 2026 and operate on reduced hours during January 2026. For matters of importance during this time email: office@sacredheartwestmead.com.au or telephone: 9635 9262 to leave a message.

St Vincent de Paul - Christmas Tree

Parishioners can support the work of SVDP by choosing a coupon and donating suitable gifts, or non perishable grocery items for hampers. To reach those in need by Christmas packaging & delivery of hampers will take place by SVDP volunteers on the weekend of **20/21 December** - and all donations **must please** be left under the tree by the **morning of 20 December**. The parish office cannot distribute late hamper donations or gifts.



Volunteers are an essential part of our Parish. There are many opportunities for you to get involved and help build up our parish community. If you are interested in volunteering in **2026**, please complete a **Commitment to Ministry** form available to download from website or in the Church; or contact the Parish Office if you can assist. **New roster begins February 2026**

Due to a school mass, there will be no daily parish mass on Wednesday 3 December 2025



Due to a power outage & tree removal, there will be no daily parish mass on Saturday 13 December 2025

CHRISTMAS MASS PROGRAM

Dawn Masses	December 16 - 24	5.30am
	<i>(no 9am Mass during this period)</i>	
Christmas Eve, Dec 24	Mass with Nativity	6pm
	Midnight Mass	12am
Christmas Day, Dec 25	Christmas Day Masses	8am & 9.30am
New Years Day, Jan 1	New Year's Day Mass	9am



We are looking for volunteers for Christmas Mass Altar Servers, EMoE, Musicians & Readers

Please complete the sign – up sheets in the church to volunteer to assist at mass this Christmas.



Bishop's Christmas Appeal 22/23 November 2025

We have raised \$ 250 towards our parish quota of \$ 8350. Donate: via envelopes in church or online (Westmead as parish)

WEEK 1 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 6 / 7 December

6:00pm: R. San Juan Tuason

8.00am: M. Schinella

9:30am: F. Khouri

Readers - 6 / 7 December

6:00pm: A. Enriquez / F. Cadeaux

8.00am M. Budwee / A. Priya

9.30am: C. Esterado / C. Khouri

Junior Altar Servers - 6 / 7 December

6:00pm: W. Fraser / M. Liew

8.00am: A. Dave

9.30am: N. Farah / J. Farah / J. Bedadala

Senior Altar Servers - 6 / 7 December

6:00pm: T. Fraser

8.00am: J. Chandran

9.30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

BLESSING OF THE ADVENT WREATH



Celebrant: O God, by whose word all things are sanctified, send your blessing upon this wreath and grant that we who gather around it may prepare our hearts for the Coming of Christ, and may receive from you abundant graces. Through Christ Our Lord.

All: Amen.

(Light first violet candle, representing HOPE)

Leader: May the wreath's circle of green leaves which has no beginning and no end, be a sign for us of our place in eternal time and of God's never ending love for us.

All: Come Lord Jesus.

Leader: As we light these candles each week, may our hearts be stirred with hope and expectations at the coming of Jesus.

All: Come Lord Jesus.

Leader: May Jesus find us awake and watchful, praying at all times, our lives marked by deeds of love, justice and mercy.

All: Come Lord Jesus.

Celebrant:

God of integrity and hope, our hearts desire the warmth of your love and our minds are searching for the light of your Word. Increase our longing for Christ our Saviour and give us the strength to grow in love, that the dawn of his coming may find us rejoicing in his presence and welcoming the light of his truth. We make this prayer in his name and through the power of the Holy Spirit.

All: Amen

NEXT SUNDAY'S READINGS: 6 / 7 DECEMBER

SECOND SUNDAY OF ADVENT

1ST READING: IS 11:1-10

2ND READING: ROM 15:4-9

GOSPEL: MT 3:1-12

