



# Westmead Catholic Community **PARISH HEARTBEATS**

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

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**'The sacred heart of Jesus is an open heart...'** St Teresa of Kolkata

3rd Sunday in Ordinary Time

24 - 25 January 2026

## ENTRANCE ANTIPHON

**O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.**

## FIRST READING

In days past the Lord humbled the land of Zebulun and the land of Naphtali, but in days to come he will confer glory on the Way of the Sea on the far side of Jordan, province of the nations. The people that walked in darkness has seen a great light; on those who live in a land of deep shadow a light has shone. You have made their gladness greater, you have made their joy increase, they rejoice in your presence as men rejoice at harvest time, as men are happy when they are dividing the spoils. For the yoke that was weighing on him, the bar across his shoulders, the rod of his oppressor, these you break as on the day of Midian.

## RESPONSORIAL PSALM

Ps 26:1, 4, 13-14, R.v.1

**R. The Lord is my light and my salvation.**

- The Lord is my light and my help; whom shall I fear?  
The Lord is the stronghold of my life; Before whom shall I shrink?
- There is one thing I ask of the Lord, for this I long,  
to live in the house of the Lord,  
all the days of my life,  
to savour the sweetness of the Lord,  
to behold his temple.
- I am sure I shall see the Lord's goodness in the land of the living.  
Hope in him, hold firm and take heart.  
Hope in the Lord!

## SECOND READING

1 COR 1:10-13, 17

I appeal to you, brothers, for the sake of our Lord Jesus Christ, to make up the differences between you, and instead of disagreeing among yourselves, to be united again in your belief and practice. From what Chloe's people have been telling me, my dear brothers, it is clear that there are serious differences among you. What I mean are all these slogans that you have, like: 'I am for Paul', 'I am for Apollos', 'I am for Cephas', 'I am for Christ'. Has Christ been parcelled out? Was it Paul that was crucified for you?

Ps 95:1, 6

Were you baptised in the name of Paul? For Christ did not send me to baptise, but to preach the Good News, and not to preach that in the terms of philosophy in which the crucifixion of Christ cannot be expressed.

## GOSPEL ACCLAMATION

Mt 4:23

**Alleluia, alleluia! Jesus preached the Good News of the kingdom and healed all who were sick. Alleluia!**

## GOSPEL

Mt 4:12-23

Hearing that John had been arrested Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the prophecy of Isaiah was to be fulfilled: Land of Zebulun! Land of Naphtali! Way of the sea on the far side of Jordan, Galilee of the nations! The people that lived in darkness has seen a great light; on those who dwell in the land and shadow of death a light has dawned. From that moment Jesus began his preaching with the message, 'Repent, for the kingdom of heaven is close at hand.' As he was walking by the Sea of Galilee he saw two brothers, Simon, who was called Peter, and his brother Andrew; they were making a cast in the lake with their net, for they were fishermen. And he said to them, 'Follow me and I will make you fishers of men.' And they left their nets at once and followed him. Going on from there he saw another pair of brothers, James son of Zebedee and his brother John; they were in their boat with their father Zebedee, mending their nets, and he called them. At once, leaving the boat and their father, they followed him. He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people.

## COMMUNION ANTIPHON

Ps 33:6

**Look toward the Lord and be radiant; let your faces not be abashed.**

## PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au  
www.facebook.com/Sacred-Heart-Westmead

### Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

### Parish Administrator

Virginia Knight (Tuesday - Thursday)

Email: office

@sacredheartwestmead.com.au

### Sacramental Coordinator

Anne Monahan (Friday)

Email: sacraments

@sacredheartwestmead.com.au

### Parish Primary Schools:

#### Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Julianne Regan

Assistant Principal: Jodie Smith

#### Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

### Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

### PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

### MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

### RECONCILIATION

Saturday: 5:00pm to 5:30pm

### BAPTISMS

1st Sundays or by arrangement

### MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

### ANOINTING OF THE SICK

By arrangement with the Parish Priest

*The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.*



## PARISH DIARY DATES

<b>24 / 25 January</b>	<b>3rd Sunday in Ordinary Time</b>	
<b>26 January</b>	<b>Australia Day</b>	
<b>28 January</b>	<b>St Thomas Aquinas</b>	<i>Memorial</i>
<b>31 January</b>	<b>St John Bosco</b>	<i>Memorial</i>
<b>31 January / 1 February</b>	<b>4th Sunday in Ordinary Time</b>	
<b>January 2026</b>	<b>Parish Office open - Tuesday &amp; Wednesday</b>	
<b>22 February</b>	<b>Tamil Mass</b>	<b>5.30pm</b>

## ANNOUNCEMENTS

Dates and eligibility requirements for the **Parish's 2026 Sacramental Program** will be published in our parish bulletin & on our website early in the New Year - [www.sacredheartwestmead.com.au](http://www.sacredheartwestmead.com.au). Enrolment Forms will be available:

**Eucharist - March 2026    Confirmation - June 2026    Penance - September 2026**

**Grant Eternal Rest to the recently deceased and those we remember at this time . . .**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2026.



The parish office will operate on reduced hours during January 2026.

For matters of importance during this time telephone: 9635 9262 to leave a message. or email:

[office@sacredheartwestmead.com.au](mailto:office@sacredheartwestmead.com.au)



**Due to school beginning of year Masses, there will be no Parish Masses in the church on:**

**Tues, 27 Jan**

**Fri, 30 Jan** (parishioners are welcome to join the staff of our parish primary schools for this Mass at 9am)

**Mon, 2 Feb**

**Fri, 6 Feb**

**Tues, 10 Feb** (parishioners are welcome to join Sacred Heart Primary for this Mass at 9am)

**Fri, 13 Feb**

### AUSTRALIA DAY - 9AM MASS

**ENTRANCE ANTIPHON**

Ps 56:9-10

*I will praise you, Lord, among the peoples, among the nations sing psalms to you, for your mercy reaches to the heavens, and your truth to the skies.*

**FIRST READING**

Is 32:15-18

*The effect of justice will be peace.*

**RESPONSORIAL PSALM**

Ps 84:9-14. R.V.9

**R. The Lord speaks of peace to his people.**

**SECOND READING**

1 COR 12:4-11

*One and the same Spirit distributes different gifts as he chooses.*

**GOSPEL ACCLAMATION**

MT 5:9

*Alleluia, alleluia! Happy the peacemakers: they shall be called children of God. Alleluia!*

**GOSPEL**

MT 5:1-12

*Rejoice and be glad, for your reward will be great in heaven.*

**COMMUNION ANTIPHON**

Ps 102:2

*Bless the Lord, my soul, and never forget his benefits.*

### WEEK 1 ROSTERS—WEEKEND MASS

*Please notify Fr Walter you are in attendance*

**EMoE - 31 January / 1 February**

6:00pm: R. San Juan Tuason

8:00am: M. Schinella

9:30am: F. Khouri

**Readers - 31 January / 1 February**

6:00pm: A. Enriquez / I. Liew

8:00am: M. Budwee / A. Priya

9:30am: C. Esterado / C. Khouri

**Junior Altar Servers - 31 January / 1 February**

6:00pm: W. Fraser / M. Liew

8:00am: A. Dave

9:30am: N. Farah / J. Farah / J. Bedadela

**Senior Altar Servers - 31 January / 1 February**

6:00pm: T. Fraser

8:00am: J. Chandran

9:30am: N. Emmanuel

*If you are unable to attend your rostered date, please arrange a swap with another minister.*

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



*We thank you for your support of Sacred Heart Westmead*

### Today's Message - (Reflection by Dianne Bergant)

Discipleship is not something that we take upon ourselves. We are called to it. Some people are very conscious of this call. They are aware of it in their aspirations and dreams; they recognise it in the events of their lives. They hear the call as clearly as Simon, Andrew, James & John heard the voice of Jesus. For others, the call to discipleship is not so clear. They may experience a undefined restlessness, a dissatisfaction with their lives. People can respond to the call in one of two ways. They can consider the mere suggestion of discipleship as an intrusion into their plans, or they can drop what they are doing, leave their former concerns behind and follow Jesus. There is a misunderstanding about being called and leaving everything behind. Although the gospel says that the four men left their occupation of fishing in order to follow Jesus, this kind of 'leaving behind' was not, and still is not, required of all, for it is in the ordinary events of life that our salvation unfolds. For most people, this is precisely where they are to function as disciples. Still, disciples of Jesus are called to leave behind certain ways of living as they follow him. They are called away from lives of pettiness and division. They are called away from narrow-mindedness and mean-spirited competition. It is much easier to leave nets than to leave the web of one's prejudices.

### NEXT SUNDAY'S READINGS: 24/25 JANUARY

4TH SUNDAY IN ORDINARY TIME

1ST READING: ZEPH 2:3; 3:12-13

2ND READING: 1 COR 1:26-31

GOSPEL: MT 5:1-12

