



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

6th Sunday in Ordinary Time

14 - 15 February 2026

ENTRANCE ANTIPHON

*Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me,
for the sake of your name.*

Ps 30:3-4

the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him. These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

FIRST READING

If you wish, you can keep the commandments, to behave faithfully is within your power. He has set fire and water before you; put out your hand to whichever you prefer. Man has life and death before him; whichever a man likes better will be given him. For vast is the wisdom of the Lord; he is almighty and all-seeing. His eyes are on those who fear him, he notes every action of man. He never commanded anyone to be godless, he has given no one permission to sin.

SIR 15:15-20

GOSPEL ACCLAMATION

*Alleluia, alleluia! Blessed are you,
Father, Lord of heaven and earth;
you have revealed to little ones the
mysteries of the kingdom. Alleluia!*

Mt 11:25

GOSPEL SHORTER FORM

Jesus said to his disciples: I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven. 'You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court. 'You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart. 'Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

Mt 5:17-37

RESPONSORIAL PSALM

Ps 118:1-2, 4-5, 17-18, 33-34, R.v.1

R. Happy are they

who follow the law of the Lord!

1. They are happy whose life is blameless, who follow God's law!
They are happy those who do his will, seeking him with all their hearts.
2. You have laid down your precepts to be obeyed with care.
May my footsteps be firm to obey your statutes.
3. Bless your servant and I shall live and obey your word.
Open my eyes that I may consider the wonders of your law.
4. Teach me the demands of your statutes and I will keep them to the end.
Train me to observe your law, to keep it with my heart.

R.

R.

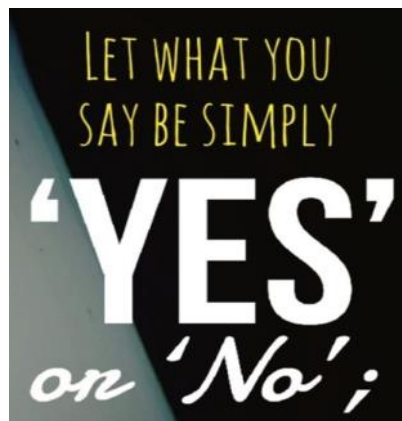
R.

R.

SECOND READING

1 COR 2:6-10

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls:



PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
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Parish Priest

Rev Fr Walter Fogarty PP

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Virginia Knight (Tuesday - Thursday)

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Sacramental Coordinator

Anne Monahan (Friday)

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Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest (min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

14 / 15 February	6th Sunday in Ordinary Time	
18 February	Ash Wednesday Masses	9am & 7pm
21 / 22 February	First Sunday of Lent	
22 February	Tamil Mass	5.30pm

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2025 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

14/15 March - 25/26 April First Eucharist Enrolment forms available at weekend Masses

First Eucharist Program - Attendance is required at the following

2/3 May	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)	
12 May	Parent Meeting	7pm
17 May	Groups start for 4 weeks	
14 & 21 June	First Eucharist Masses	11am

Ash Wednesday is not a holy day of obligation. The receiving of ashes is not mandatory. Ashes are only distributed during Mass or a Liturgy of the Word (such as in a school setting). They are not taken home for private distribution.

At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am. Please contact the parish office to book for 2026.



WEEK 4 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 21 / 22 February

6:00pm: A. Enriquez

8.00am: T. Vo

9:30am: G. Vicente

Readers - 21 / 22 February

6:00pm: I. Liew / J. Braganza

8.00am L. Eid / M. Budwee

9.30am: M. Kastoun / J. Paul

Junior Altar Servers - 21 / 22 February

6:00pm: J. Braganza

8.00am:

9.30am: J. Benedict

Senior Altar Servers - 21 / 22 February

6:00pm: P. Sicat

8.00am: J. Chandran

9.30am: F. Benedict

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



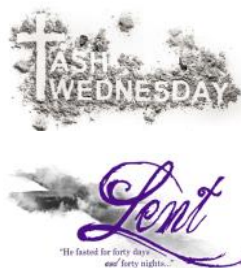
Ash Wednesday: 18 February

Masses will be held celebrating Ash Wednesday at local Churches and Mass centres. Ash Wednesday is a day of fast & abstinence and marks the start of Lent.

Sacred Heart Westmead. 9am & 7pm

Stations of the Cross

Stations of the Cross will be held in the Church, every Friday at 7pm during Lent.



Parish Registration

Welcoming all to our parish community

Sacred Heart Parish is once again undertaking an update of all our parish information. It is an opportunity for all in our parish community to update contact and sacramental details for each member of your family. The parish conducts a Planned Giving Program (PGP) to raise the funds necessary to establish & maintain parish facilities. Those currently registered with the PGP may like to update their contribution details, while those new to our parish are invited to register in the program to receive a set of weekly contribution envelopes.



Project Compassion boxes are available to take home from this weekend to support Caritas Australia this Lenten season and assist vulnerable people around the world face their challenges today and build a better tomorrow for all future generations. Donate through Project Compassion boxes or by visiting lent.caritas.org.au

LENT

40 Days – 40 Activities GIVING

- 40 caring letters written
- 40 catch-up phone calls
- 40 earth care activities
- 40 volunteering activities
- 40 more acts of kindness
- 40 more positive actions

FASTING

- 40 days less screen time
- 40 less impulse spends
- 40 less negative actions

PRAYING

- 40 prayer intentions
- 40 prayers of thanks



Today's Message -

(by Dianne Bergant)

Jesus continues to instruct the disciples in the mysteries of the kingdom of heaven.

The readings for today focus our attention on the nature of true wisdom. It is this true wisdom which prompts us to choose the right course of action. It is true wisdom that directs us in our interpretation of the law.

The longer we live, the more we realise that life experiences open up for us a series of choices. With these choices we chart the path that we will take. Circumstances might be thrust on us, but we can still make choices about how we will deal with them. Obedient people do what they are told; wise people choose what good they will do. True wisdom calls us to choose life and whatever enhances life. If we are truly wise, we will come to realise that what was acceptable and life-enhancing in one situation may not be appropriate in another. Life is fluid, and our thinking and acting must be flexible enough to adapt when necessary.

True wisdom, which comes to us through the Spirit, will enrich us with insight into life in ways we never thought possible. We will realise where and how we fit into the vast and interrelated ecosystems of the universe, and we will be overawed with the majesty and intricacy of its workings. We will understand once and for all that the value of anything is determined by its capacity to enrich life, and we will commit ourselves to and cherish every manifestation of that life.

NEXT SUNDAY'S READINGS: 21/22 FEBRUARY

FIRST SUNDAY IN LENT

1ST READING: GEN 2:7-9, 3:1-7

2ND READING: ROM 5:12-19

GOSPEL: MT 4:1-11

