



Westmead Catholic Community PARISH HEARTBEATS

Official Weekly Bulletin of Sacred Heart Parish, Westmead

Parish Office: 14 Ralph Street, Westmead 2145 NSW Telephone: 9635 9262

Email Address: office@sacredheartwestmead.com.au Website: www.sacredheartwestmead.com.au

'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

Palm Sunday of the Passion of the Lord

28 - 29 March 2026



ENTRANCE ANTIPHON JN 12:1, 12-13, PS 23:9-10

*Six days before the Passover, when the Lord came into the city of Jerusalem, the children ran to meet him; in their hands they carried palm branches and with a loud voice cried out: * Hosanna in the highest!*

Blessed are you, who have come in your abundant mercy!

O gates, lift high your heads; grow higher, ancient doors.

Let him enter, the king of glory!

Who is this king of glory?

He, the Lord of hosts,

he is the king of glory.

** Hosanna in the highest!*

Blessed are you, who have come in your abundant mercy!

FIRST READING

IS 50:4-7

The Lord has given me a disciple's tongue. So that I may know how to reply to the wearied he provides me with speech. Each morning he wakes me to hear, to listen like a disciple. The Lord has opened my ear. For my part, I made no resistance, neither did I turn away. I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle. The Lord comes to my help, so that I am untouched by the insults. So, too, I set my face like flint; I know I shall not be shamed.

RESPONSORIAL PSALM

PS 21:8-9, 17-20, 23-24. R. v.2

**R. My God, my God,
why have you abandoned me?**

- All who see me deride me.
They curl their lips, they toss their heads.
'He trusted in the Lord, let him save him;
let him release him if this is his friend.'
- Many dogs have surrounded me,
a band of the wicked beset me.
They tear holes in my hands and my feet.
I can count every one of my bones.
- They divide my clothing among them.
They cast lots for my robe.
O Lord, do not leave me alone,
my strength, make haste to help me!
- I will tell of your name to my brethren
and praise you where they are assembled.
'You who fear the Lord give him praise;
all sons of Jacob, give him glory.
Revere him, Israel's sons.'

R.

R.

R.

R.

SECOND READING

PHIL 2:6-11

His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are, and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

GOSPEL ACCLAMATION

PHIL 2:8-9

Praise to you, Lord Jesus Christ, king of endless glory! Christ became obedient for us even to death dying on the cross.

Therefore God raised him on high and gave him a name above all other names. Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL - SHORTER FORM

MT 27:11-54

Jesus was brought before Pontius Pilate, the governor, and the governor put to him this question, 'Are you the king of the Jews?' Jesus replied, 'It is you who say it.' But when he was accused by the chief priests and the elders he refused to answer at all. Pilate then said to him, 'Do you not hear how many charges they have brought against you?' But to the governor's complete amazement, he offered no reply to any of the charges. At festival time it was the governor's practice to release a prisoner for the people, anyone they chose. Now there was at that time a notorious prisoner whose name was Barabbas. So when the crowd gathered, Pilate said to them, 'Which do you want me to release for you: Barabbas, or Jesus who is called Christ?' For Pilate knew it was out of jealousy that they had handed him over. Now as he was seated in the chair of judgement, his wife sent him a message, 'Have nothing to do with that man; I have been upset all day by a dream I had about him.' The chief priests and the elders, however, had persuaded the crowd to demand the release of Barabbas and the execution of Jesus. So when the governor spoke and asked them, 'Which of the two do you want me to release for you?' they said 'Barabbas'. 'But in that case,' Pilate said to them 'what am I to do with Jesus who is called Christ?' They all said, 'Let him be crucified!' 'Why?' he asked 'What harm has he done?' But they shouted all the louder, 'Let him be crucified!' Then Pilate saw that he was making no impression, that in fact a riot was imminent. So he took some water, washed his hands in front of the crowd and said, 'I am innocent of this man's blood. It is your concern.'

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PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

Email: frwalter

@sacredheartwestmead.com.au

Parish Administrator

Virginia Knight (Tuesday - Thursday)

Email: office

@sacredheartwestmead.com.au

Sacramental Coordinator

Anne Monahan (Friday)

Email: sacraments

@sacredheartwestmead.com.au

Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest

(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burrumattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

28 / 29 March	<i>Palm Sunday of the Passion of the Lord</i>
4 / 5 April	<i>Easter Sunday of the Resurrection of the Lord Solemnity with octave</i>
4 April	<i>Easter Midnight Tamil Mass 11.30pm</i>
14/15 Mar - 25/26 Apr	<i>First Eucharist Enrolment forms available at weekend masses</i>

ANNOUNCEMENTS

HOLY WEEK & EASTER PROGRAM

<i>Holy Mon-Wed</i>	<i>30 March - 1 April</i>	<i>Mass</i>	<i>9am</i>
<i>Holy Thursday</i>	<i>2 April</i>	<i>Mass of the Lord's Supper</i> <i>Solemn Reservation until 10pm</i>	<i>7pm</i>
<i>Good Friday</i>	<i>3 April</i>	<i>Way of the Cross</i> <i>Celebration of the Lord's Passion</i>	<i>10am</i> <i>3pm</i>
<i>Holy Saturday</i>	<i>4 April</i>	<i>Easter Vigil (including Lucernarium)</i>	<i>7pm</i>
<i>Easter Sunday</i>	<i>5 April</i>	<i>Mass</i>	<i>8am, 9.30am</i>

And the people, to a man, shouted back, 'His blood be on us and on our children!' Then he released Barabbas for them.

He ordered Jesus to be first scourged and then handed over to be crucified. The governor's soldiers took Jesus with them into the Praetorium and collected the whole cohort around him. Then they stripped him and made him wear a scarlet cloak, and having twisted some thorns into a crown they put this on his head and placed a reed in his right hand. To make fun of him they knelt to him saying, 'Hail, king of the Jews!' And they spat on him and took the reed and struck him on the head with it. And when they had finished making fun of him, they took off the cloak and dressed him in his own clothes and led him away to crucify him. On their way out, they came across a man from Cyrene, Simon by name, and enlisted him to carry his cross. When they had reached a place called Golgotha, that is, the place of the skull, they gave him wine to drink mixed with gall, which he tasted but refused to drink. When they had finished crucifying him they shared out his clothing by casting lots, and then sat down and stayed there keeping guard over him. Above his head was placed the charge against him; it read: 'This is Jesus, the King of the Jews.' At the same time two robbers were crucified with him, one on the right and one on the left. The passers-by jeered at him; they shook their heads and said 'So you would destroy the Temple and rebuild it in three days! Then save yourself! If you are God's son, come down from the cross!' The chief priests with the scribes and elders mocked him in the same way. 'He saved others,' they said 'he cannot save himself. He is the king of Israel; let him come down from the cross now, and we will believe in him. He put his trust in God; now let God rescue him if he wants him. For he did say, "I am the son of God."' Even the robbers who were crucified with him taunted him in the same way. From the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour, Jesus cried out in a loud voice, 'Eli, Eli, lama sabachthani?' that is, 'My God, my God, why have you deserted me?' When some of those who stood there heard this, they said, 'The man is calling on Elijah,' and one of them quickly ran to get a sponge which he dipped in vinegar and putting it on a reed, gave it him to drink. 'Wait!' said the rest of them 'and see if Elijah will come to save him.' But Jesus again crying out in a loud voice, yielded up his spirit. At that, the veil of the Temple was torn in two from top to bottom; the earth quaked; the rocks were split; the tombs opened and the bodies of many holy men rose from the dead, and these, after his resurrection, came out of the tombs, entered the Holy City and appeared to a number of people. Meanwhile the centurion, together with the others guarding Jesus, had seen the earthquake and all that was taking place, and they were terrified and said, 'In truth this was a son of God.'

COMMUNION ANTIPHON

MT 26:42

Father, if this chalice cannot pass without my drinking it, your will be done.

The parish office will be closed on Good Friday.

Due to staff annual leave the parish office will be open reduced hours during April.

Tuesday to Thursday: 10am-2pm

Friday: 9.30am-4pm

Holy Land Good Friday Collection: 3 April

The annual Pontifical Good Friday Collection will be held on Friday 3 April around Australia. The collection continues to support the works of Holy Land Custody through the generosity of the Australian Church.

The Church instructs that the **Easter Vigil on Holy Saturday** must commence after sunset and not at the same time as normal weekend Mass Vigils.

THEREFORE THE EASTER VIGIL WILL COMMENCE AT 7PM ON 4 APRIL



Easter Vigil

Battery Operated Candles are available for use in the Easter Vigil for a \$2 donation.

Alternatively, Wax Candles with plastic holders are for parishioner use also to participate in the liturgy. We ask that you please return your plastic holder to the box provided, so we may clean and recycle for use again next year. When returning these holders, we ask that you please remove your used candle first and discard this candle into a waste bin. *If you would like to take the plastic holder home, please make a donation towards purchase costs.*

Volunteers are sought to assist in the distribution and collection of wax and battery candles. Please contact the parish office if you can assist.



Grant Eternal Rest to the recently deceased and those we remember at this time . . .

Kathleen Bowman



At Sacred Heart Westmead, **Baptism**

is celebrated on the first Sunday of the month at 11am.

Please contact the parish office



Palm Sunday

Palm Sunday, also called Passion Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified. During Palm Sunday Mass, palm fronds are distributed to parishioners who carry them in a ritual procession into church. The palms are blessed and as such, they may not be discarded and instead are appropriately gathered at the parish and incinerated to create the ashes that will be used in the following year's Ash Wednesday observance. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect. Palm branches are a widely recognised symbol of peace and victory, hence their preferred use on Palm Sunday. The use of a donkey instead of a horse is highly symbolic, as it represents the humble arrival of someone in peace, as opposed to arriving on a steed in war. The principal feature of the liturgy following the procession is the recitation of the account of the Passion of Christ.



NEXT SUNDAY'S READINGS: 20 APRIL

EASTER SUNDAY OF THE RESURRECTION OF THE LORD

1ST READING: ACTS 10:34, 37-43

2ND READING: COL 3:1-4

GOSPEL: JN 20:1-9

