



Westmead Catholic Community PARISH HEARTBEATS

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1951-2026

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

The Most Holy Trinity

30 - 31 May 2026



ENTRANCE ANTIPHON

**Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.**

FIRST READING

Ex 34:4-6. 8-9

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there. He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said, 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'

RESPONSORIAL PSALM

Dn 3:52-56. R.v.52

R. Glory and praise for ever!

1. You are blest, Lord God of our fathers. **R.**
Blest your glorious holy name. **R.**
2. You are blest in the temple of your glory. **R.**
You are blest
on the throne of your kingdom. **R.**
3. You are blest who gaze into the depths. **R.**
You are blest in the firmament of heaven. **R.**

SECOND READING

2 Cor 13:11-13

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you. Greet one another with the holy kiss. All the saints send you greetings. The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

GOSPEL ACCLAMATION

APOC 1:8

**Alleluia, alleluia! Glory to the Father,
the Son, and the Holy Spirit:
to God who is, who was,
and who is to come. Alleluia!**

GOSPEL

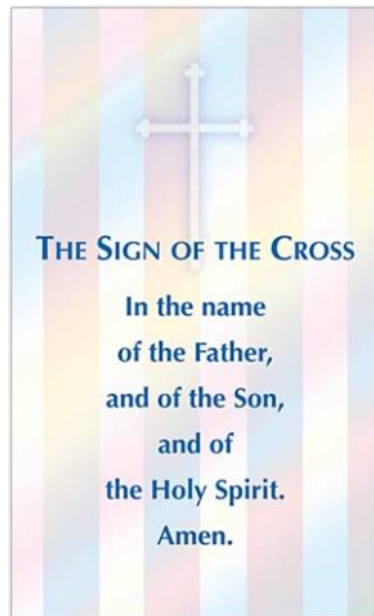
JN 3:16-18

Jesus said to Nicodemus, 'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

COMMUNION ANTIPHON

GAL 4:6

**Since you are children of God,
God has sent into your hearts
the Spirit of his Son,
the Spirit who cries out: Abba, Father.**



Save
the Date 
SACRED HEART
FEAST DAY
CELEBRATIONS

FRIDAY 12 JUNE 2026

PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

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Parish Administrator

Virginia Knight (Tuesday - Thursday)

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Sacramental Coordinator

Anne Monahan (Friday)

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Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

30 / 31 May	Most Holy Trinity	Solemnity
31 May	Tamil Community Mass	5.30pm
1 June St Justin;	3 June St Charles Lwanga;	5 June St Boniface;
6 / 7 June	Most Holy Body & Blood of Christ	Solemnity
12 June	Sacred Heart Feast Day Mass & Celebrations	9am & 7pm
14 June	First Eucharist Mass	11am
20/21 June - 25/26 July	Confirmation Enrolment forms available at weekend Masses	

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2026 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

20/21 June - 25/26 July Confirmation Enrolment forms available at weekend Masses

Confirmation Program - Attendance is required at the following

1/2 August	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)	
4 August	Parent Meeting	7pm
9 August	Groups start for 4 weeks	
8 September	Confirmation Mass	7pm

Grant Eternal Rest to the recently deceased and those we remember at this time . . .

**Roumanos & Waded Eid
Josephine & Abraham Karam**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am.

Please contact the parish office to book for 2026.



'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



Help fund our New Church Essentials

Thank you for your generosity in supporting Westmead New Church Giving. As at this weekend, we have received \$ 39750 toward the furnishings and essential items needed to complete our new church. This is a wonderful sign of what we can achieve together, as one parish family. A reminder that there are two ways to give: Sponsor a Pew as a lasting legacy gift, or give to help fund priority items from our New Church Essentials List on the forms in the church.

For those who would like their gift recognised, please complete a *Westmead New Church Giving* form or supply a receipt number so we may reconcile your donation.

Thank you for helping complete our church.

Please take a form today, scan the QR code, or give online at sacredheartwestmead.com.au/newchurch



Online Safeguarding Training Modules are always available for those in ministry and all in our parish community. The modules offer valuable insights into recognising abuse and protecting those in our community who are vulnerable. All modules are free and can be completed at your own pace. To register for these learning modules: <https://learning.safeguarding.org.au/>

As part of this very special year, we warmly invite everyone to come together for our **Sacred Heart Feast Day celebration on Friday, 12 June 2026**. We will begin with **7pm Mass**, followed by a parish family celebration with **food, face painting for the children, and entertainment for the adults**.

This will be a relaxed and joyful evening for our whole parish community. It is a chance for families, long-time & new parishioners children, parents and grandparents to come together, celebrate our Feast Day, and give thanks for one last hurrah, for the life of Sacred Heart Westmead here at Ralph Street.

So please join us on Friday, 12 June at 7:00pm for our Feast Day Mass and parish celebration afterwards. Bring your family, invite other parishioners, reconnect with old friends, and help us mark this special moment in the life of our parish. We ask those who will be attending to record their names on the sign up sheets for catering purposes.



Todays Message

(Greg Sunter)

The readings selected for Trinity Sunday provide an opportunity to reflect on the nature of God. Trinity Sunday is an opportunity to celebrate the unity of God whom we acknowledge as Father, Son and Spirit. Today's gospel reminds us that there is a seamless continuity between the different experiences of God. Today reminds us that God is, was, and always will be a God of love. The gospel reminds us that 'God loved the world so much that he gave his only Son.' Love is the characteristic of God that is experienced as Father, Son and Spirit. God loved the world into being and loved the people so much that God made a covenant relationship with them and repeatedly drew them back into that relationship when they strayed. God loved the world and the people so much that God became physically present through Jesus as yet another attempt to draw all people into an awareness of the loving relationship God desired for them. When Jesus could no longer remain a physical presence in the world, God's Spirit became more evident to continue the work of drawing people into that loving relationship with God. Rather than focusing on the mystery of the Trinitarian God, today is an opportunity to marvel at the single-mindedness of God who is so determined to reveal the length and breadth of God's love to us. That revelation has been made manifest in different ways throughout time but remains constant and unchanging. Every time we bless ourselves or begin prayer with the sign of the cross, we reaffirm our belief in the Trinity. That seemingly simple prayer, 'In the name of the Father, and of the Son, and of the Holy Spirit,' is, in fact, a confirmation of our belief in a triune God – three in one.

NEXT SUNDAY'S READINGS: 6/7 JUNE

MOST HOLY BODY & BLOOD OF CHRIST
1ST READING: DEUT 8:2-3, 14-16
2ND READING: 1 COR 10:16-17
GOSPEL: JN 6:51-58

