



Westmead Catholic Community PARISH HEARTBEATS

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1951-2026

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

12th Sunday in Ordinary Time

20 - 21 June 2026

ENTRANCE ANTIPHON

Ps 27:8-9

*The Lord is the strength of his people,
a saving refuge
for the one he has anointed.
Save your people, Lord,
and bless your heritage,
and govern them for ever.*

FIRST READING

JER 20:10-13

Jeremiah said: 'I hear so many disparaging me, "Terror from every side! Denounce him! Let us denounce him!" All those who used to be my friends watched for my downfall, "Perhaps he will be seduced into error. Then we will master him and take our revenge!" But the Lord is at my side, a mighty hero; my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs. But you, Lord of Hosts, you who probe with justice, who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you. Sing to the Lord, praise the Lord, for he has delivered the soul of the needy from the hands of evil men.'

RESPONSORIAL PSALM

Ps 68:8-10. 14. 17. R.v.14

R. Lord, in your great love, answer me.

1. It is for you that I suffer taunts, that shame covers my face, that I have become a stranger to my brothers, an alien to my own mother's sons. I burn with zeal for your house and taunts against you fall on me.
2. This is my prayer to you, my prayer for your favour. In your great love, answer me, O God, with your help that never fails: Lord, answer, for your love is kind; in your compassion, turn towards me.
3. The poor when they see it will be glad and God-seeking hearts will revive; for the Lord listens to the needy and does not spurn his servants in their chains. Let the heavens and the earth give him praise, the sea and all its living creatures.

SECOND READING

ROM 5:12-15

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law. Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

GOSPEL ACCLAMATION

JN 15:26, 27

Alleluia, alleluia!

The Spirit of Truth

**will bear witness to me, says the Lord,
and you also will be my witnesses.**

Alleluia!

GOSPEL

MT 10:26-33

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops. 'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows. 'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

COMMUNION ANTIPHON

Ps 144:15

**The eyes of all look to you, Lord,
and you give them their food
in due season.**

PARISH CONTACTS

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www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

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Parish Primary Schools:

Sacred Heart Primary

Telephone: 8633 4500 Fax 9893 7415

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Mother Teresa Primary

Telephone: 8841 2600 Fax 9687 5893

Principal: Julianne Regan

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOIDING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

"DO NOT
BE AFRAID"

PARISH DIARY DATES

20 / 21 June	12th Sunday in Ordinary Time	
22 June	Sts John Fisher & Thomas More	Memorial
24 June	Nativity of John the Baptist	Solemnity
27 / 28 June	13th Sunday in Ordinary Time	
28 June	Tamil Community Mass	5.30pm
20/21 June - 25/26 July	Confirmation Enrolment forms available at weekend Masses	

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2026 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

20/21 June - 25/26 July Confirmation Enrolment forms available at weekend Masses

Confirmation Program - Attendance is required at the following

1/2 August	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)
4 August	Parent Meeting 7pm
9 August	Groups start for 4 weeks
8 September	Confirmation Mass 7pm

Grant Eternal Rest to the recently deceased and those we remember at this time . . .

**Roumanos & Waded Eid
Josephine & Abraham Karam**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am.

Please contact the parish office to book for 2026.



WEEK 4 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 27/ 28 June

6:00pm: S. Sutherland
8.00am: T. Vo
9:30am: G. Vicente

Readers - 27/ 28 June

6:00pm: R. San Juan Tuason / J. Braganza
8.00am: L. Eid / M. Budwee
9.30am: M. Kastoun / J. Paul

Junior Altar Servers - 27/ 28 June

6:00pm: J. Braganza
8.00am:
9.30am: J. Benedict

Senior Altar Servers - 27/ 28 June

6:00pm: P. Sicut
8.00am: J. Chandran
9.30am: F. Benedict

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



Help fund our New Church Essentials

Thank you for your generosity in supporting Westmead New Church Giving. There are two ways to give: Sponsor a Pew, or help fund priority items from our Essentials List on the Westmead New Church Giving forms in the church. To have your gift recognised, complete a form or email details so we may reconcile your donation. Please take a form today, scan the QR code, or give online at sacredheartwestmead.com.au/newchurch



Envelopes for the 2026/ 2027 financial year are now available for collection from the entrance to the church for the next few weeks for those parishioners who have registered for the Planned Giving Program (PGP). From July 1 remaining envelopes may be collected at parish office.

When collecting your set, please ensure your correct registration name is on the top right hand side of the envelope box.

If you wish to discontinue your subscription to the PGP, please contact the parish office.

Today's Message

(Greg Sunter)

'Do not be afraid' is one of the most commonly repeated sentences in the Bible. In one form or another, the command to 'be not afraid' or 'fear not' appears several hundred times throughout the Old and New Testaments. Today's gospel passage is part of the sending out of the Twelve that occupies all of Chapter 10 in the gospel. Jesus teaches the Twelve that the message they bear will not always be well received and there will be those who will seek to silence the Apostles through violent means. But then the teaching comes to the section of today's passage and Jesus commands the Twelve, 'Do not be afraid'. The passage reminds them to have courage and to have the courage of their convictions; to shout from the house-tops their message, not whisper it in darkness. It is a reminder of the abundant love of God who cares for them and sees all their efforts to continue to live out the message and ministry of Jesus.

It is equally a message for us, today. In a world today that is not always open to the message of Jesus, we too are called to be proud of what we believe and not whisper it in the darkness. We are called to continue the spread of the gospel message; continuing the work of those early Christian communities, the Twelve and Jesus himself.

The SVDP Annual Winter Appeal will be held on the weekend of 27/28 June 2026.

Vulnerable people who have nowhere else to turn need your help to overcome the impacts of homelessness and poverty. Your support will allow SVDP to provide assistance through a range of programs and special services. Support the SVDP collection in our parish or donate online at: <https://donate.vinnies.org.au/winter-appeal>

Nominations are open for the **2026 Papal & Diocesan Awards**, recognising individuals both religious and lay, who have made outstanding contributions to the Catholic Church and its community. Nominations close at midnight on 30 June 2026. To submit a nomination: parracatholic.org/contribute/papal-diocesan-awards/



NEXT SUNDAY'S READINGS: 27/28 JUNE

13TH SUNDAY IN ORDINARY TIME
1ST READING: 2 KGS 4:8-11, 14-16
2ND READING: ROM 6:3-4, 8-11
GOSPEL: MT 10:37-42

