



Westmead Catholic Community PARISH HEARTBEATS

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DIAMOND
JUBILEE
1951-2026

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

19th Sunday in Ordinary Time

8 - 9 August 2026

ENTRANCE ANTIPHON

Ps 73:20, 19 22, 23

**Look to your covenant, O Lord,
and forget not the life
of your poor ones for ever.**

**Arise, O God, and defend your cause,
and forget not the cries
of those who seek you.**

FIRST READING

1 Kgs 19:9-11-13

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

RESPONSORIAL PSALM

Ps 84:9-14. R.v.8

**R. Lord, show us your mercy and love,
and grant us your salvation.**

1. I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land.
2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven.
3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps.

SECOND READING

ROM 9:1-5

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them.

They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

GOSPEL ACCLAMATION

Ps 129:5

**Alleluia, alleluia! I hope in the Lord,
I trust in his word. Alleluia!**

GOSPEL

Mt 14:22-33

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

COMMUNION ANTIPHON

Ps 147:12, 14

**O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.**



PARISH CONTACTS

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www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

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Deacon

Rev Mr Mick Flew (retired)

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Sacred Heart Primary Westmead

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Assistant Principal: Jodie Smith

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOIDING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

8 / 9 August

10 August

11 August

15 August

15 / 16 August

7-28 August

30 August

5/6 Sept—10/11 Oct

19th Sunday in Ordinary Time

St Lawrence

14 August St Maximilian Mary Kolbe;

Assumption of the Blessed Virgin Mary

20th Sunday in Ordinary Time

Communion Service replaces daily mass Mon, Tue, Wed, Fri at 9am

Tamil Community Mass

Reconciliation Enrolment forms available at weekend Masses

Feast

Memorial/s

Solemnity

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2026 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

Confirmation Program - *Attendance is required at the following*

9 August

8 September

Groups start for 4 weeks

Confirmation Mass

7pm

Grant Eternal Rest to the recently deceased and those we remember at this time . . .

**Michael Sutherland
Theresa Anh Dang**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am.

Please contact the parish office to book for 2026.



WEEK 3 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 15 / 16 August

6:00pm: A. Enriquez

8.00am: J. Nealon

9:30am: M. Kastoun

Readers - 15 / 16 August

6:00pm: I. Liew / F. Cadeaux

8.00am: M. Schinella / A Priya

9.30am: P. Alexander / E. Bains

Junior Altar Servers - 15 / 16 August

6:00pm: J. Braganza / M. San Juan

8.00am: L. Harries

9.30am: G. Vicente

Senior Altar Servers - 15 / 16 August

6:00pm: C. San Juan

8.00am: A. Dave

9.30am: L. Vicente

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



*We thank you
for your support of
Sacred Heart Westmead*



Help fund our New Church Essentials

Thank you for your generosity in supporting Westmead New Church Giving. There are two ways to give: Sponsor a Pew, or help fund priority items from our Essentials List on the *Westmead New Church Giving* forms in the church. To have your gift recognised, complete a form or email details so we may reconcile your donation. Please take a form today, scan the QR code, or give online at sacredheartwestmead.com.au/newchurch



Join Sacred Heart Parish Westmead in celebrating our Diamond Jubilee on

Friday 18 September 2026 at 6:30pm at Waterview Function Centre, Bicentennial Park. Following canapes on arrival, the evening includes, a three-course dinner, DJ entertainment, raffles and auctions, all funds going towards building the new parish church. Tickets are \$160 For ticket enquires, scan the QR code or see flyer in the church or on website.



Fr Walter will be away for three weeks on Annual Leave from August 7 to August 28. Daily Parish Masses will be replaced during this period by a Communion Service led by Deacon Mick Flew on Monday, Tuesday, Wednesday & Friday at 9am. Weekend Parish Masses will be held as usual - 6pm Vigil, 8am & 9.30am.

Today's Message

(Dianne Bergant)

To be a disciple to a rabbi was not just to be a supporter or an interested bystander. To be a disciple was to hungrily learn from your rabbi. To be a disciple was effectively an apprenticeship to becoming a rabbi. To be discipled to a rabbi was to believe that you could do what your rabbi did. It is this belief that makes Peter get out of the boat. His rabbi is walking on the water and Peter believes that he can do what his rabbi does. And extraordinarily, Peter begins to walk on the water just like Jesus. It is only when he starts to think about what he's doing that he sinks. When Jesus asks Peter, 'Why did you doubt?' he is asking Peter why he doubted himself. It wasn't that Peter doubted Jesus; he doubted his own ability to be the equal of his rabbi! Jesus trusted Peter's ability to walk to him on the water; otherwise he would not have called Peter to do so. It is Peter who doubts himself. In this moment of realising that he can't do it alone, he calls out to Jesus.

The cry of Peter is one that each of us feels the need to cry out at some stage in our life. One of the enduring images of Jesus is as the one who saves – the Saviour. When the realisation eventually comes to each of us that we can't do it all alone, we need only call on the one who saves.

NEXT SUNDAY'S READINGS: 15/16 AUGUST

20TH SUNDAY IN ORDINARY TIME

1ST READING: Is 56:1, 6-7

2ND READING: ROM 11:13-15, 29-32

GOSPEL: MT 15:21-28

