



Westmead Catholic Community **PARISH HEARTBEATS**

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1951-2026

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

20th Sunday in Ordinary Time

15 - 16 August 2026



ENTRANCE ANTIPHON

Ps 83:10-11

*Turn your eyes, O God, our shield;
and look on the face of your anointed
one; one day within your courts
is better than a thousand elsewhere.*

FIRST READING

Is 56:1. 6-7

Thus says the Lord: Have a care for justice, act with integrity, for soon my salvation will come and my integrity be manifest. Foreigners who have attached themselves to the Lord to serve him and to love his name and be his servants – all who observe the sabbath, not profaning it, and cling to my covenant – these I will bring to my holy mountain. I will make them joyful in my house of prayer. Their holocausts and their sacrifices will be accepted on my altar, for my house will be called a house of prayer for all the peoples.

RESPONSORIAL PSALM

Ps 66:2-3. 5-6. 8. R.v.4

R. O God, let all the nations praise you!

1. O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.
2. Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth.
3. Let the peoples praise you, O God;
let all the peoples praise you.
May God still give us his blessing
till the ends of the earth revere him.

R.

R.

R.

SECOND READING

ROM 11:13-15. 29-32

Let me tell you pagans this: I have been sent to the pagans as their apostle, and I am proud of being sent, but the purpose of it is to make my own people envious of you, and in this way save some of them.

Since their rejection meant the reconciliation of the world, do you know what their admission will mean? Nothing less than a resurrection from the dead! God never takes back his gifts or revokes his choice.

Just as you changed from being disobedient to God, and now enjoy mercy because of their disobedience, so those who are disobedient now – and only because of the mercy shown to you – will also enjoy mercy eventually. God has imprisoned all men in their own disobedience only to show mercy to all mankind.

GOSPEL ACCLAMATION

Mt 4:23

Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick. Alleluia!

GOSPEL

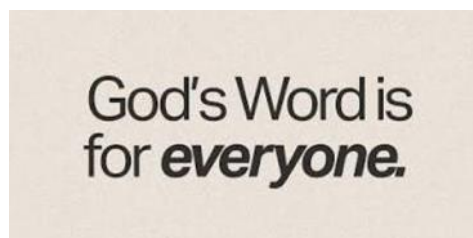
Mt 15:21-28

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

COMMUNION ANTIPHON

Ps 129:7

**With the Lord there is mercy;
in him is plentiful redemption.**



PARISH CONTACTS

(02) 9635 9262

www.sacredheartwestmead.com.au
www.facebook.com/Sacred-Heart-Westmead

Parish Priest

Rev Fr Walter Fogarty PP

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Parish Administrator

Virginia Knight (Tuesday - Thursday)

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Sacramental Coordinator

Anne Monahan (Friday)

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@sacredheartwestmead.com.au

Deacon

Rev Mr Mick Flew (retired)

Parish Primary School

Sacred Heart Primary Westmead

Telephone: (02) 8841 2600

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

Tel: (02) 8890 6037; Pager: 8512

PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOINTING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

15 / 16 August	20th Sunday in Ordinary Time
20 August St Bernard;	21 August St Pius X; Memorial/s
22 August	Queenship of the Blessed Virgin Mary Memorial
22 / 23 August	21st Sunday in Ordinary Time
7-28 August	Communion Service replaces daily mass Mon, Tue, Wed, Fri at 9am
30 August	Tamil Community Mass 5.30pm
8 September	Confirmation Mass 7pm
5/6 Sept—10/11 Oct	Penance Enrolment forms available at weekend Masses

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2026 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

Penance (Reconciliation) Program - *Attendance is required at the following*

17/18 October	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)
20 October	Parent Meeting 7pm
28 October	Groups start for 4 weeks
24 November	Reconciliation Liturgy 6.30pm & 7.30pm

Grant Eternal Rest to the recently deceased and those we remember at this time . . .

**Michael Sutherland
Theresa Anh Dang**



At Sacred Heart Westmead, **Baptism** is celebrated on the first Sunday of the month at 11am.

Please contact the parish office to book for 2026.



WEEK 4 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 22 / 23 August

6:00pm: S. Sutherland
8.00am: T. Vo
9:30am: G. Vicente

Readers - 22 / 23 August

6:00pm: R. San Juan Tuason / J. Braganza
8.00am: L. Eid / M. Budwee
9.30am: M. Kastoun / J. Paul

Junior Altar Servers - 22 / 23 August

6:00pm: J. Braganza
8.00am:
9.30am: J. Benedict

Senior Altar Servers - 22 / 23 August

6:00pm: P. Sicut
8.00am: J. Chandran
9.30am: F. Benedict

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



Help fund our New Church Essentials

Thank you for your generosity in supporting Westmead New Church Giving. There are two ways to give: Sponsor a Pew, or help fund priority items from our Essentials List on the *Westmead New Church Giving* forms in the church. To have your gift recognised, complete a form or email details so we may reconcile your donation. Please take a form today, scan the QR code, or give online at sacredheartwestmead.com.au/newchurch



Join Sacred Heart Parish Westmead in celebrating our Diamond Jubilee on Friday 18 September 2026 at 6:30pm at Waterview Function Centre, Bicentennial Park. Following canapes on arrival, the evening includes, a three-course dinner, DJ entertainment, raffles and auctions, all funds going towards building the new parish church. Tickets are \$160 For ticket enquires, scan the QR code or see flyer in the church or on website.



Fr Walter will be away for three weeks on Annual Leave from August 7 to August 28. Daily Parish Masses will be replaced during this period by a Communion Service led by Deacon Mick Flew on Monday, Tuesday, Wednesday & Friday at 9am. Weekend Parish Masses will be held as usual - 6pm Vigil, 8am & 9.30am.



Today's Message

This week's gospel provides a fascinating illustration of Jesus' response to those in need. Jesus has travelled to the area of Tyre and Sidon, removing himself from the place of his very active ministry and taking a break. When the Canaanite woman approaches, she is an interruption; a nuisance. Jesus is very abrupt and tells her simply that his ministry is to the house of Israel – the Jews – and is not for her. But the woman is persistent and again asks Jesus to help her. The woman's persistence and faith pay off. Jesus is moved by her faith and through that faith heals the woman's daughter. This gospel story reveals that the ministry of Jesus and the reign of God is open to anyone who believes. *(Greg Sunter)*

The overarching theme derived from today's readings is the question of insider-outsider. We see here that the divisions and barriers that emerge out of human experience have been shattered by the graciousness of God. Isaiah spoke of a time when outsiders would join insiders in worshipping God, thus dissolving the categories of insider and outsider. He was, of course, referring to the age of eschatological fulfilment which dawned with the coming of Jesus. Jesus himself moved out of the constraints of his own cultural worldview, and he directs us to do the same. People are either excluded because of gender, culture or religious perspective, or included only because they are able and willing to conform to discriminatory standards. In the reign of God, this should not be the case. People are accepted along with their own cultural profiles.

(Dianne Bergant)

NEXT SUNDAY'S READINGS: 22/23 AUGUST

21ST SUNDAY IN ORDINARY TIME
1ST READING: Is 22:19-23
2ND READING: Rom 11:33-36
GOSPEL: Mt 16:13-20

