



Westmead Catholic Community **PARISH HEARTBEATS**

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DIAMOND
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1951-2026

Official Weekly Bulletin of Sacred Heart Parish, Westmead

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'The sacred heart of Jesus is an open heart...' St Teresa of Kolkata

22nd Sunday in Ordinary Time

29 - 30 August 2026

ENTRANCE ANTIPHON

*Have mercy on me, O Lord,
for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.*

FIRST READING

JER 20:7-9

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger. I am a daily laughing-stock, everybody's butt. Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!' The word of the Lord has meant for me insult, derision, all day long. I used to say, I will not think about him, I will not speak in his name any more. Then there seemed to be a fire burning in my heart, imprisoned in my bones. The effort to restrain it wearied me, I could not bear it.

RESPONSORIAL PSALM

Ps 62:2-6, 8-9. R.v.2

**R. My soul is thirsting for you,
O Lord my God.**

1. O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
2. So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise.
3. So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.
4. For you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

SECOND READING

ROM 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

GOSPEL ACCLAMATION

EPH 1:17-18

Alleluia, alleluia!
**May the Father of our Lord Jesus Christ
enlighten the eyes of our heart,
that we might see how great is the hope
to which we are called. Alleluia!**

GOSPEL

MT 16:21-27

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.' Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life? 'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

COMMUNION ANTIPHON

Ps 30:20

**How great is the goodness, Lord,
that you keep for those who fear you.**



PARISH CONTACTS

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www.sacredheartwestmead.com.au
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Parish Priest

Rev Fr Walter Fogarty PP

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Anne Monahan (Friday)

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Rev Mr Mick Flew (retired)

Parish Primary School

Sacred Heart Primary Westmead

Telephone: (02) 8841 2600

Principal: Julianne Regan

Assistant Principal: Jodie Smith

Assistant Principal: Katherine Stennett

Westmead Hospital Chaplain

Fr Domingo Barawid MI

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PARISH OFFICE HOURS

Tuesday & Friday: 9.30am - 4pm

Wednesday & Thursday: 10am - 2pm

MASS TIMES - Parish Church

Saturday: 6:00pm (Vigil)

Sunday: 8:00am & 9:30am

Mon, Tue, Wed, Fri, Sat: 9:00am

RECONCILIATION

Saturday: 5:00pm to 5:30pm

BAPTISMS

1st Sundays or by arrangement

MARRIAGES & FUNERALS

By arrangement with the Parish Priest
(min 6 months notice for weddings)

ANOIDING OF THE SICK

By arrangement with the Parish Priest

The Westmead Catholic Community acknowledges the Burramattagal people of the Darug nation, traditional custodians of the land on which we gather, recognising elders past & present. We aim to be an inclusive faith community, welcoming people of all ages, races, creeds, genders, orientations, marital status & cultures.

PARISH DIARY DATES

29 / 30 August	22nd Sunday in Ordinary Time	
30 August	Tamil Community Mass	5.30pm
3 September	St Gregory the Great	Memorial
5 / 6 September	23rd Sunday in Ordinary Time	
8 September	Confirmation Mass	7pm
29 Aug - 13 Sept	Communion Service replaces daily mass Mon, Tue, Wed, Fri at 9am	
5/6 Sept - 10/11 Oct	Penance Enrolment forms available at weekend Masses	

ANNOUNCEMENTS

Full dates and eligibility requirements for the **Parish's 2026 Sacramental Program** are listed on our website - www.sacredheartwestmead.com.au.

Penance (Reconciliation) Program - *Attendance is required at the following*

17/18 October	Enrolment Ceremonies at weekend Masses (6pm Vigil, 8am, 9.30am)
20 October	Parent Meeting 7pm
28 October	Groups start for 4 weeks
24 November	Reconciliation Liturgy 6.30pm & 7.30pm

The **Bishop's Father's Day Appeal for Retired & Sick Priests** will be held the weekend of **5/6 September**. This annual appeal raises funds for the Diocesan Clergy Support Foundation to continue its work of supporting retired clergy and those in ill-health. Please give generously to the Bishop's Father's Day Appeal via the church envelopes or online: parracatholic.org/fathersdayappeal with Westmead as your parish.



Help fund our New Church Essentials

Thank you for your generosity in supporting Westmead New Church Giving. There are two ways to give: Sponsor a Pew, or help fund priority items from our Essentials List on the *Westmead New Church Giving* forms in the church. To have your gift recognised, complete a form or email details so we may reconcile your donation. Please take a form today, scan the QR code, or give online at sacredheartwestmead.com.au/newchurch



Join Sacred Heart Parish Westmead in celebrating our **Diamond Jubilee on Friday 18 September 2026** at 6:30pm at Waterview Function Centre, Bicentennial Park. Following canapes on arrival, the evening includes, a three-course dinner, DJ entertainment, raffles and auctions, all funds going towards building the new parish church. Tickets are \$160. For ticket enquires, scan the QR code or see flyer in the church or on website.



Fr Walter will be away for a further two weeks on leave to recover following surgery from August 29 to September 13. Daily Parish Masses will be replaced during this period by a Communion Service led by Deacon Mick Flew on Monday, Tuesday, Wednesday & Friday at 9am. Weekend Parish Masses will be held as usual - 6pm Vigil, 8am & 9.30am.



WEEK 1 ROSTERS—WEEKEND MASS

Please notify Fr Walter you are in attendance

EMoE - 5 / 6 September

6:00pm: R. San Juan Tuason

8:00am: P. Vo

9:30am: F. Khouri

Readers - 5 / 6 September

6:00pm: C. K Liew / A. Enruez

8:00am: A. Priya / E. Harries

9:30am: C. Khouri / C. Esterado

Junior Altar Servers - 5 / 6 September

6:00pm: W. Fraser / M. Liew

8:00am: L. Harries

9:30am: J. Bedadala

Senior Altar Servers - 5 / 6 September

6:00pm: T. Fraser

8:00am: A. Dave

9:30am: N. Emmanuel

If you are unable to attend your rostered date, please arrange a swap with another minister.

'Tap & Go' devices are installed in our church. Select an amount and tap your card on the logo to donate.



We thank you
for your support of
Sacred Heart Westmead



Today's Message

Greg Sunter

In this passage, Jesus is beginning to prepare the disciples for the events of the passion – his death and resurrection. He is trying to lead them to a greater understanding of his mission and message. The passage then leads in to a description of the challenge of discipleship. To be a follower of Jesus means to 'deny' oneself, take up one's cross and follow Jesus. In the context of this passage, to 'deny' oneself means to not be concerned about 'I' but to be concerned about 'You' – to put others before self. To be a follower of Jesus means to be selfless, not self-centred. The ultimate example of this, Jesus tells his disciples is that whoever wishes to save their life will lose it, but whoever loses their life for Jesus' sake will find it. To 'save' your life is to hold back from giving yourself fully to the message of Jesus – to be 'half-hearted' in your faith. But to 'lose' yourself in the message of Jesus is to fully give yourself over to living the reign of God and through 'losing' yourself in this way, Jesus tells us, is how to truly find life. This week's gospel is a reminder of the real challenge of being a Christian. Jesus reminds us that to be one of his followers we must be prepared to pick up our cross – whatever our particular cross might be – and still follow his example. To be a Christian means that we don't fall in a heap when difficulty comes our way; we take up the burden – our cross – and continue to look forward with hope.

NEXT SUNDAY'S READINGS: 5 / 6 SEPTEMBER

23RD SUNDAY IN ORDINARY TIME

1ST READING: EZEK 33:7-9

2ND READING: ROM 13:8-10

GOSPEL: MT 18:15-20

